



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1	1	Rui Pinto	00:15:39	00:30:10	00:30:07	1	Sport Lisboa e Benfica	Senior	1
2	2	Licínio Pimentel	00:15:40	00:30:41	00:30:37	2	Sporting Clube de Portugal	V40	1
3	1178	Eduardo Mbengani	00:15:40	00:31:04	00:31:00	3	Sport Lisboa e Benfica	Senior	2
4	594	Andre Costa	00:15:40	00:31:24	00:31:21	4	Clube de Praças da Armada	Senior	3
5	1195	Andrelino Furtado	00:15:39	00:31:31	00:31:27	5	Sporting Clube de Portugal	Senior	4
6	7	Hugo Almeida	00:15:41	00:31:34	00:31:31	6	Sporting Clube de Braga	Senior	5
7	3	Hugo Correia	00:15:40	00:31:38	00:31:35	7	Sporting Clube de Portugal	Senior	6
8	1287	Luís Macau	00:15:46	00:31:41	00:31:38	8	Juventude Vidiglense	Senior	7
9	8	Miguel Moreira	00:16:11	00:31:53	00:31:50	9	Sporting Clube de Portugal	Senior	8
10	1177	João Valente	00:16:02	00:31:57	00:31:53	10	Sport Lisboa e Benfica	Senior	9
11	762	Carlos Silva	00:16:05	00:32:05	00:32:02	11	G.D.R da Reboleira	Senior	10
12	1045	Pedro Arsénio	00:16:24	00:32:06	00:32:03	12	Beja Atlético Clube	Senior	11
13	596	Plácido Jesus	00:16:05	00:32:13	00:32:10	13	Clube de Praças da Armada	Senior	12
14	589	Filipe Ferreira	00:16:10	00:32:28	00:32:25	14	ACR DE VALE DE CAMBRA	Senior	13
15	1115	Cristiano Borges	00:16:39	00:32:40	00:32:37	15	SPORTING CLUBE REBOLEIRA E DAMAIA	Junior	1
16	1365	Abílio Gonçalves	00:16:17	00:32:46	00:32:43	16		Senior	14
17	1068	Miguel Quaresma	00:16:39	00:32:48	00:32:44	17	Beja Atlético Clube	Senior	15
18	911	Adelino Oliveira	00:16:33	00:32:55	00:32:51	18		Senior	16
19	583	João Mota	00:16:25	00:32:57	00:32:54	19	Clube de Praças da Armada	Senior	17
20	1239	Isaias Gomes	00:16:38	00:33:08	00:33:02	20		Senior	18



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
21	1180	Mussa Djau	00:16:39	00:33:53	00:33:49	22	RB RUNNING	Senior	19
22	1167	João Cruz	00:17:07	00:33:57	00:33:43	21	Beja Atlético Clube	Senior	20
23	563	Jorge Sousa	00:17:28	00:34:21	00:34:18	23		V35	1
24	918	Afonso Feijão	00:17:26	00:34:35	00:34:32	24		Senior	21
25	4	Inês Monteiro	00:17:22	00:34:39	00:34:36	25	Sporting Clube de Portugal	V35	1
26	9	Ana Ferreira	00:17:22	00:34:43	00:34:40	26	Sporting Clube de Portugal	Senior	1
27	799	Gonçalo Oliveira	00:17:28	00:34:46	00:34:44	27		Senior	22
28	1346	Rodrigo Santos	00:17:19	00:34:55	00:34:52	28	JUNTA-TE À JUNTA	Senior	23
29	1069	Rui Gominho	00:17:34	00:34:57	00:34:52	29	Beja Atlético Clube	Senior	24
30	575	Carla Martinho	00:17:35	00:34:58	00:34:55	31	Recreio Desportivo de Águeda	V40	1
31	1311	João Ginja	00:17:48	00:34:59	00:34:53	30		V50	1
32	761	Carlos Alpoim	00:17:48	00:35:03	00:35:00	32	CASA DO PESSOAL DA RTP	V35	2
33	768	Eugénio Neto	00:17:40	00:35:08	00:35:04	33	G.D.R da Reboleira	V55	1
34	1184	Susana Cunha	00:17:35	00:35:13	00:35:10	34	Clube LPSC	Senior	2
35	1296	Celso Pinto	00:17:20	00:35:14	00:35:10	35		Senior	25
36	890	Emília Piseiro	00:17:51	00:35:21	00:35:18	36	Recreio Desportivo de Águeda	Senior	3
37	1204	João Manso	00:18:12	00:35:34	00:35:22	37	NucleOeiras	Senior	26
38	1132	António Pinto	00:17:48	00:35:37	00:35:33	38	GRD OS FIXES	V40	2
39	574	José Camacho	00:17:48	00:35:39	00:35:36	39	Linda a Pastora Sporting Clube	Senior	27
40	272	Fernando Miranda	00:18:12	00:35:47	00:35:37	40		V45	1



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
41	1309	Fernando Pereira	00:18:18	00:35:59	00:35:52	41		V40	3
42	1413	João Ferreira	00:18:16	00:36:00	00:35:55	42		V40	4
43	1230	Carlos Freitas	00:18:18	00:36:00	00:35:56	43		V45	2
44	5	Cláudia Pereira	00:18:15	00:36:09	00:36:07	44		V40	2
45	1589	Nelson Graça	00:18:18	00:36:12	00:36:09	46		Senior	28
46	1524	Nuno Teixeira	00:18:19	00:36:13	00:36:09	45		V40	5
47	1369	Ricardo Jordão	00:18:16	00:36:16	00:36:11	47		V35	3
48	1616	Sergio Paiva	00:18:32	00:36:17	00:36:14	48	NucleOeiras	V45	3
49	595	Pedro Lomba	00:18:15	00:36:20	00:36:16	49	Clube de Praças da Armada	Senior	29
50	10	Vera Fernandes	00:18:16	00:36:29	00:36:26	50	RB Running	Senior	4
51	766	José Antunes	00:18:18	00:36:33	00:36:29	51	G.D.R da Reboleira	V50	2
52	648	José Martins	00:18:31	00:36:46	00:36:35	52		V50	3
53	6	Mónica Silva	00:18:16	00:36:47	00:36:44	54		Senior	5
54	1182	Ricardo Santos	00:18:45	00:36:58	00:36:54	56	Grupo Jamor	V35	4
55	1061	Nelson Fonseca	00:18:55	00:37:02	00:36:57	57	Jobrinde - Montes Saloios	V35	5
56	430	Luís Cardoso	00:18:34	00:37:03	00:36:52	55	Federação da Família para a Paz Mundial e Unifi	Senior	30
57	584	Manuel Sousa	00:18:29	00:37:05	00:37:02	60	Clube de Praças da Armada	V45	4
58	1033	João Caldeira	00:19:06	00:37:08	00:37:00	58	Linda a Pastora Sporting Clube	V55	2
59	387	Samuel Guedes	00:18:56	00:37:10	00:37:02	59		Senior	31
60	397	Pedro Fernandes	00:18:52	00:37:14	00:37:09	61		V35	6



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
61	1348	Leonardo Fernandes	00:19:04	00:37:15	00:36:38	53	JUNTA-TE À JUNTA	Junior	2
62	509	Paulo Costa	00:18:47	00:37:16	00:37:12	62	RB RUNNING	V50	4
63	1081	Joao Baptista	00:18:40	00:37:20	00:37:16	64		Senior	32
64	1032	Gabriel Souza	00:19:09	00:37:29	00:37:13	63	Linda a Pastora Sporting Clube	Senior	33
65	767	José Inacio	00:18:42	00:37:32	00:37:28	67	G.D.R da Reboleira	V50	5
66	1060	Didier Valente	00:18:55	00:37:33	00:37:29	69	Monsanto Running Team	V45	5
67	539	Helder Ferreira	00:18:54	00:37:33	00:37:26	66	Uniao FCI Tomar	V40	6
68	1261	Helder Rebelo	00:19:12	00:37:37	00:37:18	65	Desportivo Operário do Rangel	V45	6
69	1438	Hugo Batista	00:19:05	00:37:40	00:37:36	71		V40	7
70	240	Pedro Monteiro	00:18:54	00:37:40	00:37:34	70		V35	7
71	1223	António Gonçalves	00:19:01	00:37:40	00:37:29	68	LEBRE	V45	7
72	913	Carlos Simões	00:18:47	00:37:48	00:37:44	73		V45	8
73	1019	Vasco Murteira	00:19:27	00:37:51	00:37:46	74	CARRASCO & AMIGOS	Junior	3
74	716	António Rodrigues	00:19:11	00:37:51	00:37:36	72	Linda a Pastora Sporting Clube	V35	8
75	382	Fernado Santos	00:19:08	00:37:57	00:37:52	75	Belem Runners	V45	9
76	701	Francisco Laneta	00:19:17	00:38:00	00:37:56	78	CARRASCO & AMIGOS	V50	6
77	779	Licínio Pereira	00:19:20	00:38:01	00:37:55	77	INDUSTRIAL DESPORTIVO VIEIRENSE	V60	1
78	585	Ricardo Oliveira	00:19:18	00:38:03	00:37:59	80	Clube de Praças da Armada	V35	9
79	96	Mário Sá	00:19:26	00:38:04	00:37:57	79		V35	10
80	551	José Santos	00:19:27	00:38:06	00:38:00	81	Os Galgos	V45	10



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
81	1300	José Banha	00:19:06	00:38:07	00:37:53	76		Senior	34
82	208	Paulo Garcia	00:19:26	00:38:09	00:38:03	82	Os Galgos	V45	11
83	19	Antonio Figueiredo	00:19:17	00:38:10	00:38:05	84	Os Galgos	V35	11
84	1375	André Pires	00:19:21	00:38:14	00:38:03	83		Senior	35
85	1185	Sandra Teixeira	00:18:59	00:38:16	00:38:13	87	Sporting Clube de Portugal	V35	2
86	682	António Murteira	00:19:28	00:38:17	00:38:07	85	G. R. D. Ribeira da Lage	V50	7
87	1196	Maksym Salenco	00:19:23	00:38:19	00:38:16	88	Clube Atletismo de Fátima	Junior	4
88	1067	José Borges	00:19:21	00:38:21	00:38:10	86		V40	8
89	882	Rui Martins	00:19:14	00:38:23	00:38:18	89	Associação Vale Grande	Senior	36
90	1179	Sérgio Lima	00:19:10	00:38:24	00:38:20	90	RB RUNNING	V35	12
91	1216	João Pateira	00:19:26	00:38:27	00:38:22	91		V35	13
92	1229	João Cardoso	00:19:23	00:38:27	00:38:24	93		Senior	37
93	555	Margarida Dionísio	00:19:14	00:38:29	00:38:26	95		Senior	6
94	593	Bruno Maia	00:19:19	00:38:30	00:38:26	96	Clube de Praças da Armada	V40	9
95	887	Valter Oliveira	00:19:40	00:38:32	00:38:22	92	GDCTINCM	V40	10
96	1333	Paulo Henriques	00:19:40	00:38:33	00:38:27	97	JUNTA-TE À JUNTA	Senior	38
97	1533	João Vieira	00:19:17	00:38:38	00:38:33	99	Corre Cardoso	Senior	39
98	623	Dário Luz	00:19:30	00:38:39	00:38:30	98		V35	14
99	188	Eduardo Quaresma	00:19:21	00:38:43	00:38:38	103	Valejas AC	V35	15
100	357	Rui Henriques	00:19:40	00:38:44	00:38:33	100	Serviços Sociais Montepio	V35	16



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
101	1297	Kcénia Bougrova	00:19:17	00:38:46	00:38:42	105		Senior	7
102	481	Ângelo Silva	00:19:56	00:38:48	00:38:35	102	CCDTMETROLX	Senior	40
103	598	Carlos Fernandes	00:19:22	00:38:48	00:38:34	101		V40	11
104	845	Nuno Silva	00:19:21	00:38:48	00:38:44	106	M&B	V40	12
105	1187	Olga Serbyn	00:19:42	00:38:55	00:38:53	111	Clube Atletismo de Fátima	Senior	8
106	479	Luis Rodrigues	00:20:01	00:38:56	00:38:39	104		V45	12
107	1181	Luis Semedo	00:19:35	00:38:59	00:38:56	112	Núcleo de Oeiras	V35	17
108	384	Pedro Pereira	00:20:03	00:39:00	00:38:45	107	Belem Runners	V40	13
109	1259	Hugo Augusto	00:20:05	00:39:03	00:38:52	110		Senior	41
110	295	José Lopes	00:19:49	00:39:04	00:39:01	114	RB RUNNING	V50	8
111	179	Delfim Machado	00:19:34	00:39:07	00:39:03	115		V40	14
112	380	Inocência Amorim	00:20:04	00:39:07	00:38:51	109	Belem Runners	V35	18
113	1041	Ricardo Baixinho	00:20:19	00:39:13	00:38:24	94	Referees	Senior	42
114	339	Jorge Ginja	00:19:45	00:39:14	00:39:04	117	Amigos do Atletismo de Mafra	V40	15
115	533	José Barrinha	00:19:31	00:39:16	00:39:12	118	Clube de Futebol Guadiana	V45	13
116	38	Vitor Marques	00:20:13	00:39:17	00:38:47	108		V35	19
117	1147	Verónica Scutaru	00:19:36	00:39:17	00:39:15	120	Beja Atlético Clube	V40	3
118	566	Pedro Semedo	00:19:31	00:39:21	00:39:15	119	SPORTING CLUBE REBOLEIRA E DAMAIA	V45	14
119	524	Carlos Lourenço	00:20:16	00:39:22	00:39:00	113		V45	15
120	1371	Luis Prata	00:19:33	00:39:25	00:39:17	121		V35	20



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
121	1224	João Oliveira	00:20:17	00:39:28	00:39:17	122	CCDTMETROLX	V40	16
122	1065	Antonio Branco	00:19:49	00:39:28	00:39:24	126	Núcleo Atletismo do Penteadado	V50	9
123	944	Nelson Costa	00:20:01	00:39:29	00:39:25	127	Clube Millennium bcp	Senior	43
124	356	Paulo Rodrigues	00:19:50	00:39:29	00:39:25	128	Serviços Sociais Montepio	V40	17
125	1222	João Lopes	00:20:23	00:39:30	00:39:18	123	LEBRE	V55	3
126	765	Paulo Moreira	00:20:00	00:39:31	00:39:21	125	G.D.R da Reboleira	V45	16
127	33	Pedro Serra	00:19:53	00:39:36	00:39:33	129	Tartarugas solidárias	Senior	44
128	396	Luis Santos	00:20:12	00:39:40	00:39:04	116		Senior	45
129	1459	Eduardo Pena	00:20:21	00:39:42	00:39:35	131		V50	10
130	198	Nuno Silva	00:20:24	00:39:42	00:39:19	124		V35	21
131	1262	Antonio Vale	00:19:58	00:39:47	00:39:44	134	Desportivo Operário do Rangel	V60	2
132	1251	Jose Nunes	00:20:06	00:39:53	00:39:42	133	A Natureza ensina	Senior	46
133	764	Jorge Correia	00:20:17	00:39:56	00:39:44	135	G.D.R da Reboleira	V45	17
134	1043	Pedro Marques	00:20:17	00:39:56	00:39:49	139	g.d.chelas	V40	18
135	1507	Mónica Vieira	00:20:05	00:39:56	00:39:52	140		V40	4
136	582	Laura Grilo	00:20:31	00:40:02	00:39:37	132	Clube de Praças da Armada	Senior	9
137	1134	João Paixão	00:20:30	00:40:03	00:39:47	137	NAPA	V45	18
138	467	Isidro Duarte	00:20:25	00:40:06	00:39:56	142	RB RUNNING	V50	11
139	975	Pedro Silva	00:20:27	00:40:11	00:40:07	146	Clube Millennium bcp	V50	12
140	541	Nuno Raposo	00:19:54	00:40:18	00:39:58	143		Senior	47



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
141	475	Joao Inacio	00:20:37	00:40:19	00:39:55	141	a d c r painho / conquista ginasio	Junior	5
142	1028	Manuel Oliveira	00:20:03	00:40:19	00:40:06	145		V40	19
143	1479	Bruno Dias	00:19:49	00:40:22	00:40:17	150		V40	20
144	870	Fernando Candeias	00:20:40	00:40:22	00:40:11	147	SS CGD	V45	19
145	1183	Telmo Viegas	00:20:12	00:40:23	00:40:19	153	Grupo Jamor	V40	21
146	1031	António Santos	00:20:25	00:40:24	00:40:18	152		V55	4
147	219	Vitor Silva	00:20:58	00:40:28	00:40:03	144	Casa do Benfica em Algueirão Mem Martins - CB	V50	13
148	144	Nuno Pita	00:20:28	00:40:31	00:40:19	154		V40	22
149	1541	Vitor Marques	00:20:16	00:40:31	00:40:12	148	Correr Lisboa	V40	23
150	1232	Joana Fonseca	00:20:17	00:40:32	00:40:24	157		Senior	10
151	1282	José Salazar	00:21:18	00:40:34	00:39:35	130		V55	5
152	1603	José Nobre	00:21:04	00:40:35	00:39:47	136		Senior	48
153	1197	Nuno Ribeiro	00:20:38	00:40:35	00:39:48	138		Senior	49
154	972	Luis Godinho	00:20:35	00:40:35	00:40:28	160	Clube Millennium bcp	V50	14
155	494	Jose Marcelino	00:20:36	00:40:35	00:40:28	159	CLUBE DESPORTIVO ESTRELA	V55	6
156	909	Duarte Costa	00:20:54	00:40:36	00:40:27	158		Senior	50
157	717	Nelson Fernandes	00:20:47	00:40:36	00:40:17	151	Linda a Pastora Sporting Clube	V35	22
158	1547	Vitoriano Varela	00:20:36	00:40:41	00:40:37	162		Senior	51
159	1550	Roberto Guerreiro	00:20:04	00:40:42	00:40:39	166	RB Running	V35	23
160	1441	Fernando Carmo	00:20:24	00:40:45	00:40:37	163		V50	15



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
161	1397	Gonçalo Brás	00:20:42	00:40:45	00:40:17	149	Clube Atlético São Brás	V35	24
162	1280	Sergio Borges	00:20:52	00:40:46	00:40:21	156	panoplia numerica	V45	20
163	792	Tiago Sousa	00:20:52	00:40:46	00:40:30	161		V35	25
164	1203	Katarina Larsson	00:20:27	00:40:47	00:40:44	172	NucleOeiras	Senior	11
165	114	David Karim	00:21:21	00:40:48	00:40:20	155		V35	26
166	306	Bruno Ribeiro	00:21:08	00:40:55	00:40:39	165	Kaninos	V35	27
167	209	Pedro Ferreira	00:20:40	00:40:56	00:40:52	173	RB RUNNING	V50	16
168	1430	Nuno Henriques	00:20:54	00:40:56	00:40:41	169	Matilha Running	V40	24
169	169	Jorge Pardal	00:20:41	00:40:58	00:40:40	167	Tartarugas solidárias	V45	21
170	431	Mário Rodrigues	00:20:44	00:41:02	00:40:56	175	Federação da Família para a Paz Mundial e Unifi	V50	17
171	469	Eduardo Santos	00:20:59	00:41:05	00:40:56	176	Gelpeixe	V35	28
172	1202	Helena Carvalho	00:20:27	00:41:05	00:41:02	182	NucleOeiras	Senior	12
173	225	João Afonso	00:21:05	00:41:06	00:40:40	168	Casa do Benfica em Algueirão Mem Martins - CB	V45	22
174	1217	Benvinda Santos	00:20:38	00:41:06	00:41:01	181		Senior	13
175	1482	Hugo Gomes	00:20:54	00:41:07	00:40:41	170	Run for Friends	Senior	52
176	505	Bruno Marrão	00:20:46	00:41:08	00:40:38	164	GO!Runners	V40	25
177	70	José Penela	00:20:56	00:41:09	00:41:01	180		V35	29
178	640	Paulo Robalo	00:21:18	00:41:10	00:40:42	171		V35	30
179	342	Aires Afonseca	00:20:39	00:41:11	00:41:03	184		V40	26
180	1270	José Machado	00:20:20	00:41:14	00:41:10	188	Desportivo Operário do Rangel	V60	3



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
181	201	Rafael Abrunhosa	00:21:04	00:41:14	00:40:53	174		V50	18
182	744	Luis Cipriano	00:20:31	00:41:14	00:41:10	187		V40	27
183	1478	Tomás Franco	00:20:47	00:41:15	00:40:59	177		Senior	53
184	379	Nuno Naia	00:20:55	00:41:17	00:41:01	179	Belem Runners	V40	28
185	1312	Nelson Santos	00:21:06	00:41:19	00:41:01	178		V35	31
186	1313	Victor Carvalho	00:21:08	00:41:19	00:41:02	183		V55	7
187	1429	Lucília Soares	00:20:59	00:41:21	00:41:17	190		V55	1
188	1378	Marisa Costa	00:20:54	00:41:24	00:41:20	192		V35	3
189	831	João Silva	00:20:55	00:41:31	00:41:09	186		V35	32
190	202	Armando Dias	00:21:00	00:41:31	00:41:24	194	Os Galgos	V50	19
191	1611	António Paias	00:21:09	00:41:33	00:41:18	191	Desportivo Operário do Rangel	V60	4
192	630	António Madeira	00:21:30	00:41:34	00:41:27	196	Clube de Praças da Armada	V55	8
193	606	Fernando Gomes	00:20:50	00:41:37	00:41:33	202	Unidos da Manutenção	V40	29
194	828	João Rocha	00:20:46	00:41:38	00:41:31	199		Senior	54
195	132	Luis Monteiro	00:20:44	00:41:39	00:41:31	198		V45	23
196	182	Jaime Mauricio	00:21:21	00:41:39	00:41:16	189	RunLovers	V40	30
197	418	João Nunes	00:21:09	00:41:41	00:41:27	195		V50	20
198	358	André Coelho	00:20:36	00:41:41	00:41:33	200	Os Galgos	V40	31
199	486	José Santos	00:21:29	00:41:42	00:41:08	185	CCDTMETROLX	V45	24
200	1468	João Silva	00:21:13	00:41:44	00:41:33	201		V40	32



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
201	261	Vitor Martins	00:21:07	00:41:48	00:41:24	193		V45	25
202	1588	Paulo Ribeiro	00:20:56	00:41:48	00:41:40	206		V45	26
203	1249	Marco Fatelo	00:20:06	00:41:49	00:41:40	207	A Natureza ensina	V35	33
204	458	João Narra	00:20:54	00:41:52	00:41:42	210		V45	27
205	1133	Alexandre Figueiredo	00:21:07	00:41:52	00:41:39	205	NAPA	V40	33
206	485	João Pastor	00:21:26	00:41:53	00:41:41	208	CCDTMETROLX	V45	28
207	1406	José Vieira	00:21:06	00:41:55	00:41:48	213		V55	9
208	63	Tiago Gabriel	00:20:55	00:41:56	00:41:47	212		Senior	55
209	1492	Nuno Queija	00:21:07	00:42:00	00:41:45	211	Belem Runners	V45	29
210	1294	Carlos Caetano	00:21:19	00:42:05	00:41:36	203		V40	34
211	1025	Victor Varizo	00:21:18	00:42:05	00:41:51	214		V40	35
212	1350	Paulo Cabinda	00:21:46	00:42:08	00:41:31	197	JUNTA-TE À JUNTA	Junior	6
213	292	Alice Roma	00:21:24	00:42:09	00:41:59	216	Amigos do Atletismo de Mafra	V45	1
214	328	Artur Carvalho	00:21:11	00:42:10	00:42:01	217	Os Galgos	V45	30
215	1052	Ricardo Almeida	00:21:43	00:42:15	00:41:38	204		V35	34
216	727	Tony Almeida	00:21:30	00:42:16	00:42:06	218	RB RUNNING	V35	35
217	517	Bruno Silva	00:21:40	00:42:16	00:42:07	220		V40	36
218	775	Carlos Viseu	00:21:35	00:42:18	00:42:06	219	CD ARNEIRO	V45	31
219	103	José Abrantes	00:21:52	00:42:23	00:41:58	215		V45	32
220	1338	Luis Mesquita	00:21:15	00:42:25	00:42:18	227	JUNTA-TE À JUNTA	V40	37



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
221	1074	Edmilson Santos	00:21:30	00:42:27	00:42:14	223	Linda a Pastora Sporting Clube	V50	21
222	1049	Antonio Sabino	00:21:41	00:42:28	00:42:10	221	NucleOeiras	V60	5
223	511	Cesar Nunes	00:21:37	00:42:28	00:42:13	222		Senior	56
224	1120	Adelino Carvalho	00:20:58	00:42:30	00:42:25	229	Monsanto Running Team	V40	38
225	729	Antonio Nereu	00:21:42	00:42:32	00:42:17	225	Margem Sul Runners	V55	10
226	1456	Apolo Pereira	00:21:36	00:42:33	00:42:17	226		V45	33
227	1260	Sandra Barros	00:21:37	00:42:33	00:42:29	233		V45	2
228	826	Vitor Batista	00:21:13	00:42:37	00:42:28	231		V45	34
229	474	José Dias	00:21:30	00:42:41	00:42:27	230	a d c r painho / conquista ginasio	V45	35
230	653	Maria Lucas	00:21:38	00:42:43	00:42:40	246	GDCFidelidade	V50	1
231	1121	Manuel Gonçalves	00:21:39	00:42:43	00:42:35	238		V55	11
232	617	Nelson Dias	00:21:47	00:42:43	00:42:32	236	RB RUNNING	V55	12
233	1324	Jose Figueiredo	00:21:39	00:42:44	00:42:38	243	Desportivo Operário do Rangel	V55	13
234	205	Luis Nogueira	00:21:22	00:42:45	00:42:37	241	Os Galgos	V45	36
235	302	Pedro Santos	00:22:41	00:42:49	00:41:41	209		V40	39
236	608	Gil Alves	00:21:22	00:42:50	00:42:45	253	Unidos da Manutenção	V40	40
237	1125	Marcelo Venancio	00:21:42	00:42:50	00:42:42	249		Senior	57
238	34	Sérgio Manso	00:22:28	00:42:55	00:42:40	247		Senior	58
239	738	José Bastos	00:21:36	00:42:58	00:42:36	239	G.C.Estrelas da Amadora	V35	36
240	101	Ruben Costa	00:21:47	00:42:59	00:42:28	232		V35	37



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
241	770	Ricardo Pinto	00:22:03	00:42:59	00:42:49	254	G.D.R da Reboleira	V35	38
242	1480	Gonçalo Sousa	00:21:27	00:43:02	00:42:49	255		Senior	59
243	1485	Bruno Fataça	00:22:02	00:43:04	00:42:33	237		Senior	60
244	556	Gonçalo Porêlo	00:21:56	00:43:06	00:42:37	240		V35	39
245	1394	Ricardo Macedo	00:22:08	00:43:07	00:42:16	224	Team Acelera	Senior	61
246	1306	Paulo Lopes	00:22:22	00:43:07	00:42:21	228		V45	37
247	1047	Adriano Araújo	00:21:49	00:43:08	00:43:02	261		V40	41
248	311	Paulo Santos	00:21:56	00:43:09	00:42:41	248	Lisrunning	V50	22
249	1286	Jessé Faria	00:22:46	00:43:10	00:42:30	235	Correr Sem Parar	Senior	62
250	189	Sérgio Pires	00:22:28	00:43:10	00:42:43	250	Valejas AC	V40	42
251	1439	Sara Marinho	00:21:12	00:43:10	00:43:06	262		V45	3
252	1293	Pedro Barreirão	00:21:34	00:43:11	00:43:02	259		Senior	63
253	284	Pedro Figueira	00:22:08	00:43:15	00:43:02	260		V35	40
254	1298	Paulo Marques	00:22:28	00:43:15	00:42:45	252		V40	43
255	951	Paulo Sousa	00:22:08	00:43:15	00:43:07	264	Clube Millennium bcp	V55	14
256	742	Fernando Laranjo	00:21:37	00:43:15	00:43:09	267		V35	41
257	697	André Oliveira	00:22:02	00:43:20	00:42:54	257	CARRASCO & AMIGOS	Senior	64
258	110	Pedro Vicente	00:22:25	00:43:21	00:43:09	266		V40	44
259	732	Carlos Gomes	00:22:22	00:43:23	00:43:07	263	Clube EDP Lisboa	V55	15
260	1490	Sérgio Viegas	00:22:17	00:43:24	00:43:09	268		V40	45



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
261	600	António Rebelo	00:22:52	00:43:24	00:42:29	234		V45	38
262	1604	Luís Viegas	00:22:18	00:43:25	00:43:09	265		V40	46
263	255	Sérgio Pires	00:22:13	00:43:26	00:43:19	272		V40	47
264	1200	João Fernandes	00:22:04	00:43:29	00:42:58	258	CCD Leões da Floresta/UBI	Senior	65
265	1325	Orlando Albino	00:22:30	00:43:29	00:42:52	256	Desportivo Operário do Rangel	V60	6
266	1059	Carlos Lopes	00:22:50	00:43:33	00:42:38	242		V40	48
267	298	Luis Baço	00:22:50	00:43:33	00:42:39	245		V40	49
268	513	Nuno Melo	00:22:04	00:43:35	00:43:27	278		V40	50
269	1004	Antonio Cumbre	00:22:09	00:43:36	00:43:23	274	Pernas de Gafanhoto	V35	42
270	258	Joaquim Silva	00:22:02	00:43:39	00:43:25	277	Casa do Benfica em Algueirão Mem Martins - CB	V45	39
271	548	Bruno Pissarra	00:22:30	00:43:41	00:43:16	270		V40	51
272	605	Manuel Soares	00:21:28	00:43:41	00:43:36	284	Unidos da Manutenção	V50	23
273	1088	João Branco	00:22:41	00:43:43	00:43:16	271		Senior	66
274	926	Avelino Soares	00:22:22	00:43:45	00:43:25	276	GRCD Leião	V50	24
275	953	Carlos Abrunhosa	00:22:08	00:43:45	00:43:23	275	Clube Millennium bcp	V45	40
276	1318	André Guerreiro	00:22:58	00:43:45	00:42:38	244		Senior	67
277	399	António Merujo	00:22:12	00:43:46	00:43:29	280		V55	16
278	492	Rui Silva	00:22:19	00:43:46	00:43:14	269	CLUBE DESPORTIVO ESTRELA	V45	41
279	580	Edmundo Fonte	00:21:50	00:43:47	00:43:39	286		V55	17
280	683	Paulo Lopes	00:22:00	00:43:50	00:43:46	291	G. R. D. Ribeira da Lage	V45	42



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
281	910	Pedro Pereira	00:22:09	00:43:50	00:43:19	273		V45	43
282	713	Bruno Brito	00:21:48	00:43:52	00:43:47	292		V35	43
283	312	Carlos Florência	00:22:23	00:43:52	00:43:40	287		Senior	68
284	542	Lino Santos	00:22:12	00:43:54	00:43:42	288		V50	25
285	381	Pedro Canelas	00:22:22	00:43:55	00:43:36	283	Belem Runners	V45	44
286	204	Jorge Martinho	00:22:21	00:43:55	00:43:32	281	Os Galgos	V45	45
287	212	Filipe Freire	00:22:47	00:43:57	00:42:44	251		Senior	69
288	1256	David Saraiva	00:22:19	00:43:58	00:43:28	279		V35	44
289	253	Rúben Maurício	00:22:38	00:44:03	00:43:33	282		V35	45
290	1340	Carlos Ferreira	00:21:43	00:44:04	00:43:51	294	Matilha Running	V45	46
291	607	Nuno Mestre	00:22:40	00:44:11	00:44:05	306	Unidos da Manutenção	V40	52
292	945	Vitor Marques	00:22:08	00:44:11	00:44:05	305	Clube Millennium bcp	V45	47
293	217	Vasco Ascensão	00:22:28	00:44:12	00:43:54	296	CDCR dos CTT	V45	48
294	947	Bruno Vaz	00:22:08	00:44:12	00:44:05	307	Clube Millennium bcp	V45	49
295	1453	Edinson Sanchez	00:22:46	00:44:12	00:43:46	290		V35	46
296	866	Jose Monteiro	00:22:45	00:44:13	00:43:55	297	SS CGD	Senior	70
297	440	Hugo Carago	00:22:00	00:44:15	00:44:07	310	Carapaus de Corrida	V40	53
298	1376	João Santos	00:22:33	00:44:15	00:43:49	293		Senior	71
299	383	Eduardo Aleixo	00:22:26	00:44:16	00:44:04	304	Belem Runners	V50	26
300	207	Mário Monteiro	00:22:59	00:44:18	00:43:53	295	Os Galgos	V40	54



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
301	854	Daniel Verissimo	00:22:12	00:44:19	00:44:07	312	SS CGD	V35	47
302	705	Jorge Duque	00:22:14	00:44:20	00:44:16	320		V50	27
303	1110	José Nunes	00:22:37	00:44:20	00:43:57	299		V45	50
304	864	Joaquim Frade	00:22:15	00:44:22	00:44:15	318	SS CGD	V60	7
305	755	Bruno Rodrigues	00:22:40	00:44:22	00:43:45	289		Senior	72
306	1013	Inês Marques	00:22:40	00:44:24	00:44:18	322		V40	5
307	256	Hélder Cotrim	00:22:16	00:44:25	00:44:20	327		V35	48
308	145	Luis Veloso	00:22:25	00:44:26	00:44:07	309		V45	51
309	1258	João Marinho	00:22:03	00:44:26	00:44:21	328		V45	52
310	1557	José Cunha	00:23:09	00:44:27	00:44:01	301		V50	28
311	1106	Luis Mendes	00:22:30	00:44:28	00:44:03	303	NAPA	V40	55
312	1189	Amândio Caetano	00:22:32	00:44:28	00:44:13	316		V50	29
313	1107	Célia Cecílio	00:22:33	00:44:29	00:44:03	302	NAPA	V45	4
314	1383	António Fernandes	00:22:57	00:44:30	00:44:17	321	CÂMARA MUNICIPAL DA AMADORA	V50	30
315	1006	Nuno Lucas	00:23:02	00:44:38	00:44:24	332	Pernas de Gafanhoto	V35	49
316	841	Paulo Campos	00:22:34	00:44:38	00:44:22	329		V45	53
317	698	Carlos Folgado	00:23:13	00:44:39	00:43:38	285	CARRASCO & AMIGOS	V55	18
318	468	Fernando Almeida	00:22:43	00:44:40	00:44:29	336	Gelpeixe	V35	50
319	1476	Tiago Ferreira	00:22:29	00:44:40	00:44:26	334		Junior	7
320	981	Miguel Rocha	00:22:48	00:44:41	00:44:30	338		V45	54



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
321	321	Eduardo Leite	00:22:40	00:44:42	00:44:11	313		V40	56
322	1411	Mariana Talhinhos	00:22:45	00:44:42	00:44:12	315		Junior	1
323	746	João Navarro	00:23:02	00:44:44	00:44:36	344		V40	57
324	142	Helder Silva	00:22:34	00:44:45	00:44:32	339		V40	58
325	902	Rui Oliveira	00:22:24	00:44:48	00:44:33	342	Tranquilidade Açoreana Clube	V45	55
326	450	José Oliveira	00:23:36	00:44:49	00:44:15	317	Equipa David Vaz	V50	31
327	378	António Marçal	00:22:21	00:44:52	00:44:41	349		V55	19
328	1162	Mário Ribeiro	00:23:12	00:44:52	00:44:19	325		V40	59
329	1277	Nuno Almeida	00:23:12	00:44:52	00:44:18	324		V45	56
330	1398	João Santos	00:23:25	00:44:53	00:44:07	311	Clube Atlético São Brás	Senior	73
331	885	Pedro Mota	00:24:12	00:44:54	00:44:00	300	Team Acelera	V35	51
332	194	Paulo Guia	00:23:06	00:44:54	00:44:29	335	Valejas AC	V40	60
333	1299	Luis Carvalho	00:23:01	00:44:55	00:44:22	330		Senior	74
334	811	Fábio Lima	00:23:26	00:44:57	00:44:39	348		Senior	75
335	694	João Oliveira	00:22:41	00:45:00	00:44:34	343	CARRASCO & AMIGOS	V50	32
336	139	Carlos Sequeira	00:23:24	00:45:03	00:44:18	323	Jobrinde - Montes Saloios	V45	57
337	1504	Orlando Correia	00:22:54	00:45:05	00:44:38	347		V45	58
338	1433	Mafalda Martinho	00:22:54	00:45:05	00:44:41	350		Senior	14
339	708	Helder Pereira	00:22:36	00:45:06	00:44:32	341		V35	52
340	1102	Candido Marques	00:23:06	00:45:10	00:44:19	326	Team Acelera	V35	53



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
341	1271	João Salvado	00:23:24	00:45:11	00:44:54	357	Desportivo Operário do Rangel	V50	33
342	1155	Leonel José	00:23:48	00:45:13	00:43:57	298		V45	59
343	117	Gil Carneiro	00:22:53	00:45:13	00:44:56	361		V35	54
344	802	Ricardo Santos	00:23:16	00:45:14	00:44:43	351		V35	55
345	1027	César Pestana	00:22:34	00:45:15	00:44:29	337		Senior	76
346	1339	Emanuel Freitas	00:22:07	00:45:15	00:45:07	369	JUNTA-TE À JUNTA	V50	34
347	235	António Silva	00:23:43	00:45:15	00:44:47	353	Casa do Benfica em Algueirão Mem Martins - CB	Junior	8
348	1040	Rui Rodrigues	00:23:36	00:45:16	00:44:23	331	Referees	V35	56
349	1531	Diogo Lacerda	00:22:26	00:45:16	00:44:26	333	Team Acelera	Senior	77
350	1075	Paulo Basilio	00:23:18	00:45:17	00:44:49	354	Os Zatopeques	V50	35
351	442	Narciso Sá	00:23:04	00:45:18	00:44:56	360	Casa do Benfica em Algueirão Mem Martins - CB	V50	36
352	1402	José João	00:23:14	00:45:19	00:44:54	356	Os Galgos	V55	20
353	109	Liberto Santos	00:23:19	00:45:20	00:44:55	359		V50	37
354	724	Anastácio Valadas	00:23:35	00:45:21	00:44:11	314	GD SANTANDERTOTTA	V60	8
355	1362	Joao Galhordas	00:22:40	00:45:23	00:44:58	362		V45	60
356	1205	...	00:23:07	00:45:23	00:45:15	379		Senior	78
357	1496	Benjamim Pereira	00:23:15	00:45:26	00:44:32	340		V50	38
358	259	Francisco Gama	00:23:17	00:45:27	00:45:04	366		V50	39
359	1401	Bruno Espadeiro	00:23:55	00:45:27	00:44:06	308	BE ENERGY	V35	57
360	1198	Tiago Rodrigues	00:23:38	00:45:28	00:44:37	345		Senior	79



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
361	1105	Victor Amado	00:23:18	00:45:29	00:45:13	374	GRD OS FIXES	V45	61
362	734	Rui Correia	00:23:41	00:45:29	00:44:55	358	G.C.Estrelas da Amadora	V40	61
363	162	Carlos Noronha	00:24:14	00:45:29	00:44:16	319		V35	58
364	774	Pedro Bueno	00:23:22	00:45:29	00:45:18	382	CD ARNEIRO	V45	62
365	531	César Costa	00:22:53	00:45:30	00:45:19	384		V40	62
366	1435	Nelson Coelho	00:22:31	00:45:30	00:45:19	385		Senior	80
367	1545	João Silva	00:23:13	00:45:31	00:45:09	372		V35	59
368	56	Sofia Caeiro	00:23:23	00:45:31	00:45:16	380		Senior	15
369	834	Eduardo Ribeiro	00:23:16	00:45:31	00:45:01	364		Senior	81
370	1331	Nuno Brites	00:23:45	00:45:34	00:44:53	355	JUNTA-TE À JUNTA	V40	63
371	1523	Fernando Figueiredo	00:23:44	00:45:35	00:45:24	393		V45	63
372	773	José Maio	00:23:20	00:45:36	00:45:23	390	CD ARNEIRO	V50	40
373	867	Luis Madeira	00:23:51	00:45:36	00:44:37	346	SS CGD	V45	64
374	550	Jorge Costa	00:23:19	00:45:37	00:45:05	368		V35	60
375	692	Fernando Correia	00:23:27	00:45:38	00:45:27	398	CARRASCO & AMIGOS	V50	41
376	1141	Bruno Correia	00:22:26	00:45:39	00:45:33	410		Senior	82
377	1461	Sónia Domingos	00:23:39	00:45:39	00:45:14	378		V40	6
378	36	André Borges	00:22:48	00:45:39	00:45:26	395		Senior	83
379	291	Helena Martins	00:22:47	00:45:39	00:45:33	409	Amigos do Atletismo de Mafra	V55	2
380	1137	Ana Brás	00:22:54	00:45:40	00:45:27	397		Senior	16



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
381	961	Pedro Sa	00:23:40	00:45:42	00:44:46	352	Clube Millennium bcp	V40	64
382	24	Diogo Leite	00:23:00	00:45:42	00:45:27	400		Senior	84
383	116	Ana Correia	00:23:04	00:45:42	00:45:26	396		V35	4
384	649	João Nabais	00:22:47	00:45:43	00:45:34	411		V55	21
385	782	Joao Braz	00:23:41	00:45:44	00:45:11	373		V50	42
386	388	Antonio Angelino	00:23:03	00:45:44	00:45:32	408		V45	65
387	389	Marco Angelino	00:23:03	00:45:44	00:45:31	406		Senior	85
388	1097	Sérgio Gonçalves	00:23:27	00:45:45	00:45:07	371		Senior	86
389	873	Pedro Almeida	00:23:00	00:45:45	00:45:26	394	SS CGD	V40	65
390	260	Cristina Cabral	00:22:53	00:45:47	00:45:30	404		V45	5
391	228	Carlos Oleastro	00:23:55	00:45:51	00:45:14	376	Casa do Benfica em Algueirão Mem Martins - CB	V50	43
392	49	Carlos Peralta	00:23:08	00:45:52	00:45:44	423		V45	66
393	338	Paulo Gonçalves	00:23:34	00:45:54	00:45:42	422	camara lisboa clube	V45	67
394	735	António Pedroso	00:23:41	00:45:55	00:45:21	388	G.C.Estrelas da Amadora	V45	68
395	1366	Fernando Faria	00:22:47	00:45:55	00:45:41	421		V35	61
396	289	Hélio Marques	00:24:06	00:45:57	00:45:07	370	H&C	Senior	87
397	186	Fernando Corda	00:23:10	00:45:58	00:45:34	412	Valejas AC	V50	44
398	1556	Luis Ferreira	00:23:33	00:45:58	00:45:38	415		V40	66
399	1295	Ricardo Tiago	00:23:14	00:45:58	00:45:24	392		V45	69
400	18	António Orlando	00:23:49	00:45:58	00:45:19	383		V40	67



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
401	1554	José Ferreira	00:23:33	00:45:58	00:45:38	416		V45	70
402	750	João Pereira	00:23:56	00:45:58	00:45:14	377	GRD OS FIXES	V55	22
403	427	Eduardo Luís	00:23:50	00:45:58	00:45:27	399	Atómicos	V35	62
404	932	Fernando Ribeiro	00:22:59	00:45:59	00:45:49	433		V50	45
405	620	Manuel Rodrigues	00:23:38	00:45:59	00:45:34	413	Clube atletico das patameiras	V55	23
406	543	Alexandre Domingos	00:24:15	00:45:59	00:45:00	363		V40	68
407	1071	Emília Silveira	00:23:07	00:45:59	00:45:56	443		V40	7
408	1046	Paulo Marques	00:23:59	00:46:00	00:45:39	419		V40	69
409	1190	Hugo Ferreira	00:23:47	00:46:01	00:45:44	424		V35	63
410	1208	José Amaro	00:24:17	00:46:01	00:45:21	387		V40	70
411	1090	Carlos Henriques	00:24:20	00:46:02	00:45:21	386	RB RUNNING	V40	71
412	211	Augusto Semedo	00:23:39	00:46:02	00:45:16	381		V55	24
413	460	Margarida Amaro	00:23:00	00:46:03	00:45:46	427	Run for Friends	V40	8
414	745	Mário Neves	00:23:21	00:46:05	00:45:49	432		V60	9
415	60	José Gomes	00:23:37	00:46:07	00:45:30	405		V35	64
416	1020	Sergio Nunes	00:24:03	00:46:07	00:45:23	391	crc maravila jovem	V40	72
417	14	Ildebrando Aires	00:23:37	00:46:07	00:45:29	402		V40	73
418	1191	Nuno Pereira	00:22:45	00:46:07	00:45:57	446		V40	74
419	878	Tiago Avelãs	00:23:37	00:46:08	00:45:45	426	SS CGD	V40	75
420	984	José Brito	00:23:45	00:46:10	00:45:54	441		V55	25



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
421	722	Paulo Nunes	00:23:55	00:46:11	00:45:05	367	GD SANTANDERTOTTA	V45	71
422	715	Luis Almeida	00:23:37	00:46:14	00:45:29	403	Jobrinde - Montes Saloios	V40	76
423	1114	Jose Rosa	00:23:25	00:46:15	00:45:39	418		V40	77
424	1136	Alberto Santos	00:23:25	00:46:15	00:45:59	450		V50	46
425	678	Nuno Quintela	00:23:10	00:46:15	00:45:57	445		Senior	88
426	165	Pedro Ferreira	00:23:22	00:46:16	00:45:52	440		V35	65
427	190	Luís Álvaro	00:24:22	00:46:16	00:45:39	417	Valejas AC	V40	78
428	193	Tiago Rocha	00:24:22	00:46:16	00:45:39	420	Valejas AC	V40	79
429	246	Edgar Magro	00:24:02	00:46:16	00:45:28	401		V35	66
430	989	Orlando Duarte	00:23:14	00:46:18	00:46:03	454		V60	10
431	400	Rui Carvalho	00:23:23	00:46:19	00:45:31	407		V45	72
432	425	Cristina Santos	00:23:05	00:46:20	00:45:50	435	Varitintas	V35	5
433	733	Pedro Correia	00:23:41	00:46:21	00:45:47	429	G.C.Estrelas da Amadora	V35	67
434	886	Rui Correia	00:24:25	00:46:21	00:45:46	428	GDCTINCM	V40	80
435	227	Vitor Santos	00:23:46	00:46:21	00:45:47	431	Casa do Benfica em Algueirão Mem Martins - CB	V45	73
436	1111	Mário Esperança	00:24:22	00:46:21	00:45:22	389		V35	68
437	1445	Rodrigo Santos	00:23:15	00:46:22	00:46:13	464		V40	81
438	795	João Maria	00:23:50	00:46:22	00:45:14	375		Senior	89
439	937	José Soares	00:24:51	00:46:23	00:45:02	365		V40	82
440	588	Paulo Ferreira	00:24:01	00:46:25	00:46:07	458		V50	47



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
441	337	Miguel Velez	00:23:40	00:46:25	00:46:11	462	camara lisboa clube	V50	48
442	688	Lúisa Palminhas	00:23:40	00:46:26	00:46:05	456	G. R. D. Ribeira da Lage	V45	6
443	1100	Hugo Xavier	00:23:36	00:46:26	00:45:57	447		V40	83
444	1002	João Lemos	00:24:32	00:46:27	00:45:51	436	Correr Sem Parar	Senior	90
445	860	Henrique Amador	00:23:39	00:46:28	00:46:06	457	SS CGD	V45	74
446	725	Joao Ferreira	00:23:12	00:46:30	00:46:17	467	GD SANTANDERTOTTA	V35	69
447	1428	Nuno Gameiro	00:23:19	00:46:30	00:46:11	463		Senior	91
448	633	Nuno Moleiro	00:22:51	00:46:34	00:46:21	471	Bruno Sempre	V40	84
449	1555	Ricardo Rodrigues	00:23:22	00:46:38	00:46:16	466		Senior	92
450	930	Diogo Aguiar	00:24:23	00:46:40	00:45:36	414		Senior	93
451	218	José Amaral	00:23:31	00:46:42	00:46:23	473	CDCR dos CTT	V45	75
452	855	David Faustino	00:24:36	00:46:42	00:45:47	430	SS CGD	V50	49
453	618	Óscar Santos	00:24:27	00:46:42	00:46:09	460	Clube atletico das patameiras	V60	11
454	1519	André Silva	00:24:40	00:46:42	00:45:45	425		Senior	94
455	615	João Gomes	00:23:49	00:46:43	00:45:51	437		V40	85
456	964	Pedro Correia	00:23:12	00:46:43	00:46:36	485	Clube Millennium bcp	V40	86
457	84	Jorge Almeida	00:23:59	00:46:43	00:46:29	477	CLUBE ATLETISMO AMIGOS DE BELÉM	V65	1
458	1070	Joaquim Sande	00:24:09	00:46:43	00:46:09	461		V55	26
459	965	Pedro Menem	00:23:12	00:46:44	00:46:37	487	Clube Millennium bcp	Junior	9
460	1104	Patrícia Caldas	00:24:11	00:46:46	00:45:59	449	Caracóis de Pedra	Senior	17



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
461	1103	Samuel Sebastião	00:24:10	00:46:46	00:46:00	451	Caracóis de Pedra	V35	70
462	1593	Alberto Araujo	00:24:19	00:46:46	00:46:04	455	RB RUNNING	V40	87
463	1192	Paulo Patrício	00:23:42	00:46:47	00:46:38	488		V45	76
464	1272	Manuel Araújo	00:23:19	00:46:47	00:46:37	486	Desportivo Operário do Rangel	V55	27
465	92	Nuno Afonso	00:23:41	00:46:48	00:46:35	484		V35	71
466	788	Gonçalo Peres	00:24:11	00:46:49	00:46:28	476		V35	72
467	876	Rodrigo Almeida	00:23:45	00:46:49	00:46:40	491	SS CGD	V35	73
468	398	Isabel Martins	00:23:44	00:46:49	00:46:30	478		V50	2
469	940	Ricardo Marques	00:24:21	00:46:51	00:45:58	448		Senior	95
470	87	Eduardo Braz	00:23:19	00:46:52	00:46:43	494		V45	77
471	922	Carlos Calado	00:24:08	00:46:53	00:45:55	442		V40	88
472	839	Rui Faria	00:24:54	00:46:53	00:45:52	439		V45	78
473	121	Clube Stress	00:24:52	00:46:55	00:45:50	434	Clube do Stress	V40	89
474	1207	João Anacleto	00:24:02	00:46:57	00:46:38	490		V35	74
475	707	Paulo Sousa	00:23:51	00:46:58	00:46:23	472		V35	75
476	1377	Pedro Macedo	00:24:11	00:46:58	00:46:20	469		V40	90
477	577	Jorge Valadas	00:24:28	00:46:58	00:46:02	453	Running bastards	V35	76
478	1186	Daniela Gordini	00:23:19	00:46:59	00:46:57	508	Sporting Clube de Portugal	Junior	2
479	438	David Pinheiro	00:23:42	00:47:00	00:46:31	480	Desportivo de Odivelas	V35	77
480	1594	Francisco Fonseca	00:24:35	00:47:00	00:45:51	438		V40	91



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
481	349	José Freitas	00:23:39	00:47:02	00:46:45	496		V40	92
482	159	Nuno Francisco	00:23:34	00:47:03	00:46:42	493		V40	93
483	1469	Miguel Judas	00:24:17	00:47:04	00:46:25	475		V40	94
484	893	António Amaral	00:23:32	00:47:09	00:47:02	511	Guizo Runners	V40	95
485	874	Pedro Fontoura	00:24:08	00:47:11	00:46:48	499	SS CGD	V45	79
486	974	Carla Lourenco	00:23:59	00:47:11	00:46:25	474	Clube Millennium bcp	V40	9
487	1443	João Abreu	00:23:59	00:47:11	00:46:41	492		V40	96
488	877	João Marques	00:23:36	00:47:11	00:47:03	512	SS CGD	V40	97
489	111	Miguel Simões	00:24:03	00:47:11	00:46:54	504		V35	78
490	1089	André Barros	00:24:27	00:47:15	00:46:38	489		V35	79
491	814	Rui Afonso	00:22:45	00:47:16	00:47:07	517		V40	98
492	154	Acácio Conceição	00:23:58	00:47:16	00:46:59	509	Primos	V55	28
493	684	José Matos	00:24:06	00:47:17	00:46:52	502	G. R. D. Ribeira da Lage	V45	80
494	324	Arnaldo Trindade	00:24:05	00:47:19	00:46:56	506	RB RUNNING	V45	81
495	1126	Rui Henriques	00:25:01	00:47:20	00:46:01	452		V40	99
496	497	Manuel Martins	00:23:52	00:47:20	00:47:12	519	CLUBE DESPORTIVO ESTRELA	V70	1
497	1437	Nelson Santos	00:25:12	00:47:22	00:46:08	459		V45	82
498	124	Clube Stress	00:24:52	00:47:22	00:46:16	465	Clube do Stress	V50	50
499	990	Pedro Cortes	00:23:47	00:47:23	00:47:13	522		V40	100
500	747	Luís Vieira	00:25:17	00:47:25	00:46:32	483		V40	101



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
501	72	Carlos Marques	00:24:56	00:47:25	00:45:56	444		V35	80
502	1403	Eurico Marques	00:24:11	00:47:26	00:47:07	516		V45	83
503	921	Pedro Caramba	00:25:46	00:47:26	00:46:52	501		V40	102
504	1540	Cesar Vale	00:24:20	00:47:27	00:46:53	503		V35	81
505	592	Jorge Oliveira	00:24:20	00:47:29	00:46:46	498	RB RUNNING	V55	29
506	1283	Monica Domingos	00:24:15	00:47:29	00:47:03	513		Senior	18
507	994	Francisco Teixeira	00:25:03	00:47:33	00:46:19	468		Senior	96
508	177	Paulo Isménio	00:24:24	00:47:33	00:46:46	497	Jobrinde - Montes Saloios	V40	103
509	424	Helder Tavares	00:24:48	00:47:35	00:46:44	495	Varitintas	V40	104
510	1285	Aldina Marques	00:23:26	00:47:38	00:47:30	544	Os Galgos	V45	7
511	872	Paulo Pires	00:25:10	00:47:39	00:47:05	515	SS CGD	V50	51
512	493	Rui Trindade	00:25:28	00:47:41	00:46:30	479	CLUBE DESPORTIVO ESTRELA	V45	84
513	626	Paulo Botelho	00:24:17	00:47:43	00:46:57	507		V40	105
514	525	Paula Santos	00:24:57	00:47:43	00:46:49	500		V40	10
515	741	Evelino Magalhães	00:24:27	00:47:44	00:47:21	530		V40	106
516	88	Bernardo Filipitsch	00:24:20	00:47:45	00:47:29	542		V35	82
517	263	Carlos Carvalho	00:24:39	00:47:46	00:46:55	505	RB RUNNING	V45	85
518	410	Ana Nunes	00:24:59	00:47:46	00:46:20	470	Matilha da Atalaia	V45	8
519	1448	Paulo Teixeira	00:24:56	00:47:46	00:46:31	481		V40	107
520	1288	Luzia Dias	00:23:56	00:47:47	00:47:43	560	Sporting Clube de Portugal	V45	9



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
521	622	Lucio Neto	00:24:33	00:47:49	00:47:04	514		V45	86
522	506	Valério Mendes	00:25:01	00:47:50	00:47:21	534		V40	108
523	838	Palmira Quinhama	00:25:55	00:47:50	00:47:01	510		V40	11
524	508	Pedro Silva	00:24:45	00:47:51	00:47:19	527		Senior	97
525	1248	David Rosa	00:23:50	00:47:51	00:47:46	561	A Natureza ensina	V40	109
526	804	Vasco Costa	00:24:22	00:47:51	00:47:26	538		V60	12
527	1250	José Graça	00:23:51	00:47:52	00:47:42	559	A Natureza ensina	V50	52
528	1024	Luis Rocha	00:24:47	00:47:53	00:47:22	535		V40	110
529	1079	Mónica Cruz	00:24:09	00:47:54	00:47:25	537		Junior	3
530	287	Mario Silva	00:23:55	00:47:54	00:47:19	525		V50	53
531	1615	Paulo Costa	00:24:27	00:47:55	00:47:28	540		V45	87
532	1245	Alexandre Jorge	00:23:19	00:47:56	00:47:39	555		Senior	98
533	1130	Bruno Martinho	00:25:07	00:47:56	00:46:31	482	CSB_RF	Senior	99
534	282	João Caetano	00:24:30	00:47:56	00:47:21	531		V40	111
535	441	Rui Emidio	00:24:18	00:47:56	00:47:34	549	Casa do Benfica em Algueirão Mem Martins - CB	V60	13
536	1477	Telmo Carrilho	00:24:45	00:47:57	00:47:28	539		V40	112
537	277	Paulo Serra	00:24:36	00:47:57	00:47:12	521	Matilha da Atalaia	V40	113
538	360	Paulo Almeida	00:24:31	00:47:57	00:47:20	528		V45	88
539	283	Rui Ascensão	00:24:30	00:47:58	00:47:22	536		V40	114
540	1218	Pedro Santos	00:24:45	00:47:58	00:47:13	523		V40	115



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
541	1253	Americo Santos	00:24:17	00:47:59	00:47:40	556		V45	89
542	769	Mário Miguel	00:24:26	00:48:00	00:47:49	567	G.D.R da Reboleira	V65	2
543	178	Hugo Guerreiro	00:24:48	00:48:00	00:47:11	518	Varitintas	V35	83
544	803	Osvaldo Almada	00:24:58	00:48:00	00:47:31	546		V40	116
545	1159	Rui Marino	00:24:51	00:48:01	00:47:21	532		V40	117
546	1220	Daniel Martins	00:24:51	00:48:02	00:47:21	529		V40	118
547	840	Paulo Pires	00:23:39	00:48:03	00:47:52	568		V50	54
548	444	Jorge Alves	00:24:16	00:48:05	00:47:42	558	Casa do Benfica em Algueirão Mem Martins - CB	V50	55
549	889	Nuno Gonçalves	00:24:26	00:48:05	00:47:30	543	GDCTINCM	V40	119
550	251	Helder Rosário	00:24:21	00:48:06	00:47:47	565		V35	84
551	621	Carlos Craveira	00:23:46	00:48:06	00:47:46	562		V45	90
552	1194	Joaquim Ferrão	00:24:48	00:48:06	00:47:31	545		V55	30
553	777	Luis Vidoeira	00:24:55	00:48:06	00:47:29	541	CD ARNEIRO	V60	14
554	241	Joao Bogalheiro	00:24:53	00:48:08	00:47:40	557		V45	91
555	62	Miguel San-Payo	00:24:52	00:48:08	00:47:36	553		V55	31
556	316	Carlos Jeronimo	00:24:24	00:48:09	00:48:05	580		Senior	100
557	1219	Rui Lima	00:23:39	00:48:10	00:47:34	550		V45	92
558	1551	Manuel Correia	00:24:49	00:48:11	00:47:12	520		V40	120
559	1571	Rui Gama	00:24:49	00:48:12	00:47:13	524		V45	93
560	730	Paulo Domingues	00:24:26	00:48:17	00:47:59	574	Margem Sul Runners	V50	56



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
561	560	Roberto Bettencourt	00:24:40	00:48:19	00:48:07	582		V40	121
562	1450	Edgar Cristeta	00:23:54	00:48:19	00:48:09	584	CCD Siemens	Senior	101
563	30	Luís Costa	00:24:45	00:48:19	00:47:47	564		Senior	102
564	652	José Melo	00:25:12	00:48:21	00:47:21	533	GDCFidelidade	V55	32
565	663	Manuel Martins	00:24:26	00:48:21	00:48:05	579		V60	15
566	812	João Saramago	00:26:26	00:48:22	00:47:33	548		V40	122
567	112	Paulo Sousa	00:24:21	00:48:23	00:47:58	573		V45	94
568	85	Antonio Ramalho	00:25:02	00:48:23	00:48:00	576		V50	57
569	982	Joao Martins	00:24:39	00:48:23	00:48:09	585		V50	58
570	355	José Guerreiro	00:25:35	00:48:24	00:47:19	526	Serviços Sociais Montepio	V60	16
571	1003	Antonio Oleiro	00:25:10	00:48:28	00:47:35	551	Team Acelera	V45	95
572	1505	Eurico Patrocinio	00:23:47	00:48:29	00:48:16	591		V35	85
573	122	Clube Stress	00:25:48	00:48:29	00:47:32	547	Clube do Stress	V40	123
574	1418	Saul Leite	00:24:19	00:48:30	00:48:23	603		Senior	103
575	554	Helena Silva	00:24:16	00:48:31	00:48:21	599		V45	10
576	1171	Carlos Madureira	00:23:59	00:48:31	00:48:21	600		Senior	104
577	578	André Rodrigues	00:25:16	00:48:33	00:47:36	552	Running bastards	Senior	105
578	1015	José Cruz	00:24:42	00:48:34	00:47:53	569	Run for Lunch	V40	124
579	200	Bruno Santos	00:24:49	00:48:35	00:48:15	590		V35	86
580	160	Rui Silva	00:24:58	00:48:35	00:47:38	554		V45	96



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
581	236	Alexandre Reis	00:25:00	00:48:38	00:48:14	589	Casa do Benfica em Algueirão Mem Martins - CB	V55	33
582	222	José Piçarra	00:25:21	00:48:39	00:48:05	578	Casa do Benfica em Algueirão Mem Martins - CB	V60	17
583	942	Mario Faria	00:24:46	00:48:40	00:48:18	593	Clube Millennium bcp	V50	59
584	934	Francisco Valles	00:24:59	00:48:42	00:47:57	571		V35	87
585	1056	Luis Alexandre	00:25:01	00:48:44	00:48:20	598		V45	97
586	327	Ekaterina Khramenkova	00:25:00	00:48:44	00:48:28	606	Valejas AC	V60	1
587	351	Vitório Damas	00:25:13	00:48:44	00:47:48	566		V35	88
588	244	Filipe Martins	00:24:13	00:48:44	00:48:09	586		V35	89
589	1467	Paulo Ferreira	00:25:30	00:48:46	00:48:07	583		V40	125
590	466	Abílio Silva	00:24:46	00:48:48	00:48:27	605		V60	18
591	1498	Ricardo Franco	00:25:39	00:48:48	00:48:07	581		Senior	106
592	1605	Paulo Simões	00:25:16	00:48:51	00:48:20	597		V35	90
593	1094	Pedro Cruz	00:24:55	00:48:54	00:47:47	563		V40	126
594	352	Carlos Silva	00:25:17	00:48:54	00:48:19	596	CCD do Crédito Agrícola Mútuo	V50	60
595	1012	Miguel Lopes	00:24:34	00:48:55	00:48:25	604		V40	127
596	1431	Arménio Mendes	00:24:58	00:48:56	00:48:30	608		V50	61
597	301	Luis Amorim	00:25:38	00:48:56	00:48:13	588		V55	34
598	1561	Flavio Julião	00:22:59	00:48:58	00:48:49	619		Senior	107
599	597	Paulo Silva	00:25:44	00:48:59	00:48:00	575		V55	35
600	829	Jorge Campos	00:24:38	00:48:59	00:48:42	615		V40	128



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
601	721	Paulo Nunes	00:24:34	00:49:05	00:48:52	622	GD SANTANDERTOTTA	V45	98
602	523	Ludgero Santana	00:24:37	00:49:08	00:48:56	628		V50	62
603	519	Ricardo Figueiredo	00:25:39	00:49:08	00:47:57	570		V45	99
604	294	Luis Antunes	00:24:51	00:49:08	00:49:00	632	RB RUNNING	V45	100
605	1193	David Simão	00:25:37	00:49:09	00:48:10	587		V45	101
606	991	Pedro Ribeiro	00:25:36	00:49:10	00:48:30	607		V45	102
607	155	Paulo Santos	00:24:43	00:49:11	00:49:06	634	LOURDETE PERFUMARIAS	V50	63
608	27	Luis Santos	00:25:01	00:49:11	00:48:50	620		V40	129
609	1567	Carlos Fonseca	00:23:29	00:49:11	00:48:39	612		Senior	108
610	997	Rui Silva	00:25:22	00:49:15	00:48:43	617		V40	130
611	1267	Januário Coelho	00:25:45	00:49:17	00:48:21	601	Desportivo Operário do Rangel	V60	19
612	1416	Jorge Pinheiro	00:25:54	00:49:19	00:48:18	595	Run 4 Fun	V50	64
613	243	Dinis Ribas	00:25:39	00:49:19	00:48:22	602		V45	103
614	1264	Domingos Penedo	00:25:45	00:49:22	00:48:16	592	Desportivo Operário do Rangel	V55	36
615	1099	Bruno Pereira	00:25:53	00:49:24	00:48:05	577		V40	131
616	1518	Torsten Mangelsdorf	00:24:34	00:49:25	00:49:11	637		V40	132
617	1039	Pedro Santos	00:25:16	00:49:26	00:48:18	594		V35	91
618	404	Pedro Fernandes	00:25:20	00:49:26	00:48:34	609	Novos Trilhos	V50	65
619	980	Nelson Tavares	00:24:55	00:49:27	00:48:34	610	Team Acelera	V35	92
620	336	Carlos Rocha	00:24:53	00:49:28	00:49:17	648		V45	104



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
621	950	Luis Faria	00:25:32	00:49:33	00:49:25	654	Clube Millennium bcp	V40	133
622	1574	Miguel Gama	00:25:22	00:49:34	00:49:12	641		V45	105
623	1578	Carlos Pinto	00:25:20	00:49:35	00:48:49	618		V50	66
624	1146	Joaquim Carreira	00:25:49	00:49:36	00:48:39	613		V55	37
625	1619	Pedro Carvalho	00:25:36	00:49:38	00:48:40	614		V45	106
626	1462	Bruno Corgas	00:26:18	00:49:38	00:48:59	629		Senior	109
627	1466	Cristiano Paes	00:26:18	00:49:38	00:48:59	630		V45	107
628	51	Carlos Jesus	00:25:37	00:49:40	00:48:42	616		V35	93
629	810	Jaime Beato	00:25:15	00:49:41	00:49:10	636		V40	134
630	809	Carla Costa	00:25:15	00:49:42	00:49:11	638		V40	12
631	915	Hugo Duarte	00:24:29	00:49:42	00:49:33	667		V35	94
632	1163	Paulo Mauricio	00:25:31	00:49:43	00:48:38	611		Senior	110
633	776	Manuel Alves	00:25:19	00:49:43	00:49:31	659	CD ARNEIRO	V50	67
634	1307	Vitor Martins	00:25:26	00:49:45	00:48:53	625		V55	38
635	895	David Neves	00:25:58	00:49:45	00:48:52	621	David e Filipa	V35	95
636	894	Filipa Veloso	00:25:58	00:49:45	00:48:53	624	David e Filipa	Senior	19
637	341	Hugo Pires	00:25:10	00:49:48	00:49:34	670		V40	135
638	239	Bruno Matias	00:26:09	00:49:48	00:47:57	572	Casa do Benfica em Algueirão Mem Martins - CB	Senior	111
639	1269	José Alves	00:25:01	00:49:48	00:49:13	644	Desportivo Operário do Rangel	V65	3
640	1617	Francisco Fouto	00:24:55	00:49:49	00:49:32	663		Junior	10



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
641	992	Pedro Cardoso	00:25:20	00:49:52	00:49:13	643		V40	136
642	439	Manuel Martinho	00:24:49	00:49:53	00:49:26	655	Desportivo de Odivelas	V50	68
643	641	Luís Azevedo	00:25:03	00:49:53	00:49:27	657		V50	69
644	1347	João Tavares	00:25:02	00:49:55	00:49:13	642	JUNTA-TE À JUNTA	Senior	112
645	1236	Manuel Sobral	00:25:34	00:49:55	00:49:43	680		V60	20
646	726	Filipe Pinto	00:23:37	00:49:55	00:49:40	678	GD SANTANDERTOTTA	Senior	113
647	1553	Antonio Pina	00:24:44	00:49:56	00:49:33	666		V50	70
648	960	Eduardo Vilhena	00:25:35	00:49:56	00:49:12	640	Clube Millennium bcp	V45	108
649	924	Luis Calheiros	00:25:05	00:49:56	00:49:18	649		V40	137
650	959	Fernando Sousa	00:26:01	00:49:57	00:48:53	623	Clube Millennium bcp	V45	109
651	459	André Barbosa	00:24:36	00:49:57	00:49:36	671		Senior	114
652	1358	Jose Justo	00:25:06	00:49:57	00:49:19	650	DDN	V50	71
653	483	Rafael Santos	00:26:34	00:49:58	00:49:09	635	CCDTMETROLX	V50	72
654	540	João Ferreira	00:26:23	00:49:59	00:49:00	631		V45	110
655	1538	Welvis Teodoro	00:24:52	00:50:00	00:49:31	660		Senior	115
656	830	Jose Silva	00:24:51	00:50:01	00:49:32	661		Senior	116
657	1078	Jorge Fernandes	00:25:10	00:50:01	00:49:24	652	cabrizrun	V45	111
658	1444	Sabastian Fodor	00:26:18	00:50:02	00:49:15	645		V40	138
659	250	José Lopes	00:26:16	00:50:03	00:49:21	651		V50	73
660	363	Hugo Rodrigues	00:25:31	00:50:06	00:49:49	690		V35	96



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
661	1211	Pedro Trabucho	00:25:55	00:50:07	00:49:26	656		V50	74
662	1257	João Domingues	00:26:10	00:50:07	00:48:53	626		V45	112
663	61	Rui Julião	00:27:22	00:50:08	00:48:54	627		V50	75
664	385	Artur Santos	00:25:41	00:50:09	00:49:37	673		V45	113
665	521	Acácio Lopes	00:25:40	00:50:10	00:50:00	700		V50	76
666	247	Rui Mónica	00:25:35	00:50:10	00:49:49	688		V40	139
667	78	Luis Santos	00:25:59	00:50:10	00:49:59	699		V50	77
668	464	Eva Braz	00:25:56	00:50:11	00:49:51	691		V35	6
669	883	Bruno Dias	00:25:47	00:50:12	00:49:15	647	SS CGD	V40	140
670	1400	Manuel Francisco	00:25:07	00:50:12	00:49:32	664	Clube Atlético São Brás	V50	78
671	1153	Edgar Silva	00:25:45	00:50:13	00:49:32	662		V45	114
672	1014	José Bordalo	00:25:29	00:50:13	00:49:56	697	O MUNDO DA CORRIA	V65	4
673	1526	Suse Lucas	00:25:29	00:50:14	00:49:51	692		Senior	20
674	234	Rui Castilho	00:25:36	00:50:15	00:50:01	701	Casa do Benfica em Algueirão Mem Martins - CB	Senior	117
675	1276	Vítor Rocha	00:26:34	00:50:15	00:49:04	633	Desportivo Operário do Rangel	V55	39
676	1274	Manuel Rodrigues	00:25:56	00:50:17	00:49:49	689	Desportivo Operário do Rangel	V55	40
677	1266	Francisco Pessoa	00:26:02	00:50:18	00:49:46	687	Desportivo Operário do Rangel	V40	141
678	1158	Celina Francisco	00:24:58	00:50:21	00:50:15	712		Senior	21
679	686	Fernanda Camacho	00:25:39	00:50:23	00:50:12	709	G. R. D. Ribeira da Lage	V45	11
680	728	José Mira	00:24:05	00:50:24	00:50:07	705	Margem Sul Runners	V50	79



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
681	214	Carlos Francisco	00:27:12	00:50:24	00:49:34	669		Senior	118
682	127	Hélder Cabana	00:24:59	00:50:25	00:50:16	714		V40	142
683	1427	Jorge Mimoso	00:26:45	00:50:26	00:49:15	646		V45	115
684	836	Carlos Soares	00:26:08	00:50:26	00:49:38	674		V50	80
685	704	Renato Saragoça	00:26:13	00:50:27	00:49:39	675	UDR Sabuguense Guerreiros do Rio	V40	143
686	634	Luís Cruz	00:25:31	00:50:27	00:49:52	693		V40	144
687	419	Pedro Goncalves	00:26:30	00:50:27	00:49:37	672		V35	97
688	693	Joaquim Guerra	00:26:22	00:50:28	00:49:24	653	CARRASCO & AMIGOS	V50	81
689	331	José Pedro	00:26:34	00:50:29	00:49:12	639		V45	116
690	1372	Bruno Claro	00:26:09	00:50:29	00:49:40	677		V35	98
691	1436	Paulo Brito	00:26:39	00:50:29	00:49:43	683	J.O.M.A.	V45	117
692	993	João Fernandes	00:25:08	00:50:30	00:50:02	702		V35	99
693	1009	Pedro Lopes	00:26:21	00:50:30	00:49:33	665	SS CGD	V35	100
694	1011	Ana Fernandes	00:25:58	00:50:31	00:49:53	696		Senior	22
695	420	Mário Burriga	00:26:16	00:50:31	00:49:40	676		V35	101
696	224	Anabela Ferreira	00:25:48	00:50:32	00:50:04	703	Casa do Benfica em Algueirão Mem Martins - CB	V45	12
697	231	Joaquim Costa	00:25:48	00:50:33	00:50:06	704	Casa do Benfica em Algueirão Mem Martins - CB	V65	5
698	1148	João Cabral	00:27:11	00:50:34	00:49:43	682	Referees	V35	102
699	322	Olga Martins	00:26:01	00:50:34	00:49:53	694	RB RUNNING	V40	13
700	323	Pedro Martins	00:25:59	00:50:34	00:49:53	695	RB RUNNING	V40	145



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
701	191	Pedro Ferreira	00:25:05	00:50:36	00:50:12	710	Valejas AC	V35	103
702	931	Angelo Sousa	00:26:19	00:50:39	00:49:45	686		V40	146
703	1393	Paulo Rodrigues	00:26:02	00:50:41	00:49:43	679		V40	147
704	452	Carlos Coelho	00:26:34	00:50:41	00:49:43	681	Grupo de Atletas Gascan-Monsanto	V55	41
705	1390	Joao Pacheco	00:26:02	00:50:42	00:49:45	685	CÂMARA MUNICIPAL DA AMADORA	V40	148
706	65	Rui Carvalho	00:26:16	00:50:42	00:50:08	706	Equipa David Vaz	V45	118
707	64	Rui Goncalves	00:26:16	00:50:43	00:50:10	707	Equipa David Vaz	V45	119
708	76	Luis Afonso	00:27:22	00:50:45	00:49:30	658		V45	120
709	213	Joaquim Mendes	00:25:33	00:50:47	00:50:36	732		V50	82
710	771	Filipa Ferro	00:26:00	00:50:49	00:50:22	719	G.D.R da Reboleira	V40	14
711	851	Bernardino Pereira	00:25:50	00:50:51	00:50:26	723	SS CGD	V80	1
712	229	Albino Neiva	00:25:19	00:50:51	00:50:40	736	Casa do Benfica em Algueirão Mem Martins - CB	V70	2
713	95	Ricardo Faria	00:25:21	00:50:52	00:50:39	734		V40	149
714	1124	Carlos Machado	00:26:05	00:50:57	00:50:36	730		V50	83
715	445	Estela Costa	00:26:13	00:50:57	00:49:56	698	Casa do Benfica em Algueirão Mem Martins - CB	V40	15
716	1160	Rui Almeida	00:26:45	00:50:59	00:49:34	668		V45	121
717	1080	Pedro Borges	00:25:40	00:51:03	00:50:11	708		Senior	119
718	1109	Pedro Gomes	00:25:00	00:51:04	00:50:48	746	Linda a Pastora Sporting Clube	V40	150
719	370	João Marques	00:26:32	00:51:04	00:50:34	727	1 Km/x	V40	151
720	315	Rui Henriques	00:26:12	00:51:04	00:50:36	731		V45	122



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
721	415	Filipe Almeida	00:26:51	00:51:04	00:49:45	684		V35	104
722	1117	Manuel Silva	00:26:03	00:51:05	00:50:53	748	Veteranos de Massamá	V60	21
723	395	Henrique Pereira	00:26:19	00:51:08	00:50:18	716		V40	152
724	1451	Cesar Orvalho	00:27:50	00:51:10	00:50:23	721	CCD Siemens	V35	105
725	832	António Teixeira	00:25:53	00:51:11	00:50:34	728		V40	153
726	314	Jorge Palma	00:26:36	00:51:12	00:50:35	729		V40	154
727	971	Jose Rodrigues	00:26:27	00:51:12	00:51:05	754	Clube Millennium bcp	V65	6
728	739	Duarte Fialho	00:26:11	00:51:13	00:50:39	735	G.C.Estrelas da Amadora	Senior	120
729	646	João Costa	00:25:47	00:51:14	00:50:54	749		V35	106
730	1442	Edgar Fernandes	00:26:52	00:51:15	00:50:16	713		Senior	121
731	1552	Cláudia Saraiva	00:26:13	00:51:19	00:50:41	737		V40	16
732	1558	Pedro Oliveira	00:26:12	00:51:19	00:50:41	738		V45	123
733	1602	Tito Nascimento	00:25:54	00:51:20	00:51:10	761		V35	107
734	865	José Dimas	00:26:50	00:51:22	00:50:17	715	SS CGD	V45	124
735	835	António Marques	00:27:00	00:51:23	00:50:25	722		V55	42
736	629	Luis Silva	00:27:05	00:51:24	00:50:20	717		V45	125
737	1501	Jorge Ramos	00:27:05	00:51:25	00:50:21	718		V45	126
738	128	Paulo Moutinho	00:27:01	00:51:27	00:50:29	724		V45	127
739	699	Vitor Revés	00:26:22	00:51:28	00:50:23	720	CARRASCO & AMIGOS	V55	43
740	495	Fernando Marinho	00:27:37	00:51:31	00:50:31	725	CLUBE DESPORTIVO ESTRELA	V45	128



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
741	1322	Lígia Coelho	00:26:22	00:51:32	00:51:19	764	Associação Recreativa de São Miguel	V45	13
742	1323	Arsénio Fernandes	00:26:22	00:51:32	00:51:20	765	Associação Recreativa de São Miguel	V60	22
743	905	Carlos Silva	00:27:06	00:51:32	00:50:15	711		Senior	122
744	955	Pedro Fernandes	00:26:24	00:51:34	00:50:44	740	Clube Millennium bcp	V40	155
745	1513	Miguel Cruz	00:26:19	00:51:34	00:51:10	760		V45	129
746	613	Sheila Galiano	00:26:54	00:51:35	00:50:54	750		V45	14
747	1169	Severino Cruz	00:26:31	00:51:37	00:50:46	743		V55	44
748	17	Luiz Chatillon	00:25:56	00:51:37	00:51:28	776	Chatillon	V55	45
749	1138	Célia Corte	00:26:37	00:51:37	00:51:21	768		Senior	23
750	118	Marco Cachinho	00:26:31	00:51:37	00:50:45	742	Kaninos	V35	108
751	296	Artur Carvalho	00:26:37	00:51:38	00:51:19	763		V45	130
752	238	Luísa Ferreira	00:26:37	00:51:38	00:51:21	766	Casa do Benfica em Algueirão Mem Martins - CB	V45	15
753	245	Maria Gonçalves	00:26:49	00:51:42	00:50:32	726		V50	3
754	1319	João Soares	00:27:29	00:51:42	00:50:37	733	Desportivo Operário do Rangel	V60	23
755	498	Tomas Duarte	00:27:36	00:51:44	00:50:45	741	CLUBE DESPORTIVO ESTRELA	Junior	11
756	1010	Joana Alves	00:25:58	00:51:44	00:51:08	757		Senior	24
757	1244	Luís Luís	00:26:43	00:51:45	00:51:02	753		V55	46
758	676	Henrique Coelho	00:26:01	00:51:48	00:51:07	756	Opticalia Running Team	V35	109
759	781	Tiago Pinto	00:27:29	00:51:49	00:50:47	745		Senior	123
760	780	Paulo Gonçalves	00:27:29	00:51:49	00:50:47	744		V50	84



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
761	413	Ivo Pina	00:27:06	00:51:50	00:51:21	767	Os Galgos	V45	131
762	966	Jose Ferreira	00:27:05	00:51:50	00:51:00	752	Clube Millennium bcp	V45	132
763	670	Fernando Mendes	00:26:49	00:51:58	00:51:28	777		V45	133
764	187	Paulo Paias	00:26:44	00:51:58	00:51:22	770	Valejas AC	V35	110
765	489	Armando Tavares	00:26:14	00:51:59	00:51:41	783	CLUBE DESPORTIVO ESTRELA	V65	7
766	496	Jose Galamba	00:26:13	00:51:59	00:51:49	788	CLUBE DESPORTIVO ESTRELA	V65	8
767	80	José Dinis	00:26:28	00:51:59	00:51:42	785		V40	156
768	956	Eduardo Ferreira	00:26:59	00:52:01	00:51:06	755	Clube Millennium bcp	V40	157
769	317	Bruno Silva	00:26:32	00:52:03	00:51:33	780	1 Km/x	V40	158
770	1566	Pedro Bação	00:26:34	00:52:04	00:51:40	782		V35	111
771	1166	Ivo Claro	00:27:17	00:52:05	00:51:40	781	Tartarugas solidárias	V35	112
772	586	Fernando Oliveira	00:27:16	00:52:06	00:50:42	739	Tartarugas solidárias	V50	85
773	376	Rui Pombinho	00:27:33	00:52:06	00:50:50	747		V50	86
774	265	Rui Fernandes	00:27:13	00:52:07	00:51:09	758		V45	134
775	564	Pedro Fontes	00:26:59	00:52:08	00:51:30	778		V40	159
776	850	Antonio Taborda	00:27:01	00:52:10	00:51:21	769	SS CGD	V65	9
777	471	Artur Gonçalves	00:26:18	00:52:13	00:50:56	751		V40	160
778	1154	Euclides Martins	00:26:28	00:52:15	00:51:50	791		V50	87
779	290	Catarina Baptista	00:27:45	00:52:17	00:51:49	789	H&C	Senior	25
780	535	Nuno Santiago	00:27:59	00:52:18	00:51:11	762		V40	161



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
781	206	Marco Pacheco	00:27:06	00:52:19	00:51:50	790	Os Galgos	V40	162
782	884	Nuno Azul	00:26:51	00:52:19	00:51:54	795	Os Galgos	V40	163
783	1382	João Caniço	00:27:25	00:52:20	00:51:27	773	3B-S	V35	113
784	1058	António Fernandes	00:26:26	00:52:21	00:51:42	784		V40	164
785	1565	Paula Salvador	00:27:26	00:52:21	00:51:27	772	3B-S	V35	7
786	1381	Hugo Gomes	00:27:25	00:52:21	00:51:28	775	3B-S	Senior	124
787	1380	Madalena Fontinhas	00:27:26	00:52:22	00:51:28	774	3B-S	V35	8
788	1157	Augusto Ribeiro	00:26:16	00:52:22	00:52:07	800		V45	135
789	82	José Castro	00:28:17	00:52:23	00:51:10	759	CLUBE ATLETISMO AMIGOS DE BELÉM	V55	47
790	1122	António Cordeiro	00:26:46	00:52:25	00:52:20	813		V60	24
791	1487	Reinaldo Santos	00:27:16	00:52:27	00:51:32	779	CÂMARA MUNICIPAL DA AMADORA	V50	88
792	985	Fernando Gonçalves	00:26:00	00:52:29	00:52:22	818		V45	136
793	568	Paula Siilva	00:25:43	00:52:30	00:52:15	809	SPORTING CLUBE REBOLEIRA E DAMAIA	V40	17
794	1601	Odete Barbas	00:26:32	00:52:37	00:52:27	824		V45	16
795	846	Manuel Costa	00:25:40	00:52:39	00:52:13	807	M&B	V60	25
796	325	Maria Sambé	00:26:37	00:52:40	00:52:32	833	Valejas AC	Senior	26
797	43	Diogo Baltazar	00:26:23	00:52:41	00:52:19	812		Senior	125
798	409	Pedro Gonçalves	00:27:00	00:52:42	00:51:55	796	Matilha da Atalaia	V35	114
799	477	Rui Brito	00:26:41	00:52:42	00:52:12	805		V35	115
800	1379	Joao Ferreira	00:27:43	00:52:43	00:51:53	793		V55	48



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
801	927	Marcelo Rosa	00:26:24	00:52:43	00:52:15	810		V40	165
802	461	José Melo	00:27:44	00:52:44	00:51:26	771	Run for Friends	V55	49
803	175	Miguel Castela	00:26:20	00:52:45	00:52:32	832	Associação de Atletismo Lebres do Sado	V45	137
804	1273	Manuel Emídio	00:26:57	00:52:47	00:52:20	815	Desportivo Operário do Rangel	V60	26
805	1265	Fernando Santos	00:26:45	00:52:48	00:52:35	838	Desportivo Operário do Rangel	V60	27
806	1188	Jandiro Monteiro	00:26:02	00:52:48	00:52:38	843		Senior	126
807	1064	Teresa Silva	00:26:41	00:52:51	00:52:46	852	Núcleo Atletismo do Penteado	V40	18
808	490	António Batista	00:26:34	00:52:51	00:52:40	847	CLUBE DESPORTIVO ESTRELA	V70	3
809	1057	Gabriel Moreira	00:28:15	00:52:51	00:52:09	802		V60	28
810	674	Orlando Couceiro	00:26:52	00:52:53	00:52:33	835		Senior	127
811	1415	Paula Pereira	00:27:13	00:52:56	00:52:29	827	BroRun	V40	19
812	1414	Carlos Pereira	00:27:13	00:52:56	00:52:29	826	BroRun	V40	166
813	1241	Daniel Batalha	00:26:45	00:52:57	00:52:13	808		Senior	128
814	1364	Francisco Mouchinho	00:29:08	00:52:58	00:51:43	786	Academia do Lumiar	V65	10
815	293	Carlos Pena	00:28:38	00:52:59	00:51:46	787	GRD OS FIXES	V45	138
816	1050	Avelino Silva	00:26:22	00:53:01	00:52:27	825		V65	11
817	1582	Filipe Sarmento	00:26:04	00:53:02	00:52:33	834		V35	116
818	1474	Manuel Alves	00:27:58	00:53:02	00:51:58	797		V35	117
819	148	Ana Pereira	00:26:51	00:53:04	00:52:39	844	SFRAA	V45	17
820	1341	Marco Sousa	00:26:51	00:53:05	00:52:39	845	JUNTA-TE À JUNTA	V40	167



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
821	702	Manuel Guerreiro	00:26:31	00:53:07	00:52:20	814	UDR Sabuguense Guerreiros do Rio	V60	29
822	1516	Alexandre Batista	00:27:50	00:53:09	00:52:05	799		V35	118
823	709	Noemia Monteiro	00:26:58	00:53:10	00:52:36	839		V40	20
824	1030	Maximiano Santos	00:27:18	00:53:10	00:52:49	853		V50	89
825	695	Paulo Santos	00:27:53	00:53:12	00:52:10	804	CARRASCO & AMIGOS	V50	90
826	115	Joaquim Pedrosa	00:28:27	00:53:12	00:51:53	794		V60	30
827	938	Nuno Almeida	00:27:05	00:53:12	00:52:19	811		V40	168
828	412	Isabel Rodrigues	00:27:53	00:53:13	00:52:12	806	ADCR Polícia Judiciária	V45	18
829	406	Luis Dias	00:27:53	00:53:13	00:52:10	803		V45	139
830	79	Américo Francisco	00:28:01	00:53:13	00:51:52	792		V40	169
831	1096	João Verissimo	00:26:58	00:53:13	00:53:01	865		V55	50
832	740	Paulo Pereira	00:27:52	00:53:13	00:52:23	819		V40	170
833	973	Mario Mendes	00:27:34	00:53:13	00:52:09	801	Clube Millennium bcp	V50	91
834	632	Fernando Claudino	00:27:02	00:53:14	00:52:45	851	Bruno Sempre	V65	12
835	1580	Camille Boeglin	00:27:03	00:53:15	00:52:36	840		Senior	129
836	1051	Frederico Wiborg	00:29:08	00:53:18	00:51:58	798		V45	140
837	797	Agostinho Cristino	00:27:15	00:53:18	00:53:10	870	Casa do Benfica em Algueirão Mem Martins - CB	V65	13
838	487	Paulo Guedes	00:29:00	00:53:18	00:52:40	846	CCDTMETROLX	V45	141
839	928	Gonçalo Pedro	00:26:09	00:53:21	00:53:12	873		V35	119
840	858	Fernando Lima	00:27:12	00:53:21	00:52:58	859	SS CGD	V45	142



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
841	362	Sônia Caixeirinho	00:27:59	00:53:22	00:52:30	828		V45	19
842	1399	José Duarte	00:27:55	00:53:22	00:52:37	841	Clube Atlético São Brás	Senior	130
843	912	Tiago Marques	00:28:16	00:53:23	00:52:21	817		V35	120
844	645	Elias Cruz	00:26:45	00:53:23	00:53:00	863		V45	143
845	99	Tânia Mendonça	00:28:16	00:53:23	00:52:21	816		Senior	27
846	280	Carlos Morais	00:27:00	00:53:24	00:52:41	848		V50	92
847	1329	Rui Barros	00:28:07	00:53:24	00:52:43	850	JUNTA-TE À JUNTA	V40	171
848	297	Mahendrasinh Bassangy	00:26:59	00:53:25	00:52:57	858		V50	93
849	1595	Rodrigo Martins	00:26:49	00:53:28	00:53:12	872		V40	172
850	1149	Francisco Alves	00:26:39	00:53:28	00:53:24	883	Sport Amadora e Pumas	Junior	12
851	1515	Vitor Ferreira	00:27:50	00:53:29	00:52:26	823		V40	173
852	437	Rita Capucho	00:27:08	00:53:31	00:53:05	866	Desportivo de Odivelas	V40	21
853	1174	Miguel Sousa	00:28:31	00:53:32	00:52:49	854		V55	51
854	1044	David Cavalheiro	00:26:55	00:53:33	00:53:11	871	CARRASCO & AMIGOS	Senior	131
855	665	Paulo Almeida	00:26:37	00:53:33	00:52:37	842		V50	94
856	731	Plinio Marques	00:26:49	00:53:34	00:53:16	876	Margem Sul Runners	V50	95
857	1432	Diego Tomaz	00:27:16	00:53:35	00:53:10	869		Senior	132
858	571	Mário Melo	00:27:06	00:53:36	00:53:06	867	Clube Ferroviário de Portugal	V65	14
859	1493	Mónica Moreiras	00:28:53	00:53:36	00:52:32	830		V35	9
860	1084	António Adro	00:28:57	00:53:37	00:52:32	829		V45	144



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
861	1532	Carla Adro	00:28:53	00:53:37	00:52:34	836		V45	20
862	610	António Junior	00:27:21	00:53:39	00:52:23	820		V50	96
863	1573	Carolina Carvalheira	00:27:42	00:53:40	00:52:25	822		Senior	28
864	1572	Duarte Delgado	00:27:37	00:53:40	00:52:25	821		Senior	133
865	1521	Tiago Catalão	00:27:20	00:53:41	00:52:53	857		Senior	134
866	1520	Mónica Martins	00:27:19	00:53:41	00:52:53	855		Senior	29
867	1113	José Barreira	00:28:04	00:53:42	00:52:41	849		V50	97
868	664	Ricardo Ferreira	00:27:28	00:53:42	00:52:59	860		Senior	135
869	1263	Bernardo Gradíssimo	00:27:51	00:53:47	00:53:16	875	Desportivo Operário do Rangel	V55	52
870	1139	Hernâni Silva	00:27:36	00:53:47	00:53:00	862	Amigos Vale Silêncio	V55	53
871	859	Francisco Clerigo	00:27:44	00:53:47	00:52:34	837	SS CGD	V60	31
872	1140	Armando Almeida	00:27:37	00:53:48	00:53:00	861	Amigos Vale Silêncio	V55	54
873	1590	Jose Garcia	00:28:41	00:53:50	00:52:32	831		V45	145
874	1409	Jorge Esteves	00:29:15	00:53:54	00:52:53	856		V50	98
875	579	Frederico Almeida	00:27:06	00:53:57	00:53:00	864	Running bastards	V35	121
876	157	Ricardo Conceição	00:27:36	00:54:01	00:53:55	908	LOURDETE PERFUMARIAS	Senior	136
877	502	Tomás Sousa	00:27:26	00:54:03	00:53:17	877	Federação da Família para a Paz Mundial e Unifi	V40	174
878	354	Rui Melo	00:27:19	00:54:07	00:53:20	880	CCD do Crédito Agrícola Mútuo	V45	146
879	1581	Diogo Ribeiro	00:26:51	00:54:08	00:53:47	899		Senior	137
880	94	Carlos Felicio	00:27:02	00:54:08	00:53:35	890		V45	147



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
881	791	Rui Figueiredo	00:27:06	00:54:09	00:54:02	910		V40	175
882	478	Ricardo Silva	00:28:49	00:54:09	00:53:40	893		V40	176
883	943	Pedro Pereira	00:29:19	00:54:11	00:53:08	868	Clube Millennium bcp	V50	99
884	411	Paulo Santos	00:28:08	00:54:14	00:53:15	874		V50	100
885	962	Vanda Rosa	00:27:38	00:54:15	00:53:18	878	Clube Millennium bcp	V40	22
886	522	Filomena Santana	00:27:14	00:54:16	00:54:04	914		V50	4
887	720	Ivo Lima	00:28:17	00:54:16	00:53:33	889	GD SANTANDERTOTTA	V40	177
888	754	António Paramés	00:25:56	00:54:17	00:54:05	915		Senior	138
889	100	João Antunes	00:28:10	00:54:23	00:53:25	884		V60	32
890	308	Sérgio Pontes	00:27:28	00:54:24	00:54:04	913		V40	178
891	309	Rute Sobral	00:27:28	00:54:24	00:54:04	912		V40	23
892	457	Eugénia Ribeiro	00:26:30	00:54:24	00:54:14	926		V45	21
893	158	Jaime Gomes	00:27:40	00:54:26	00:53:19	879	Serviços Sociais Montepio	V55	55
894	1083	Tiago Lage	00:28:57	00:54:27	00:53:21	881		Senior	139
895	1082	Marco Fernandes	00:28:58	00:54:27	00:53:23	882		V35	122
896	472	Luis Silva	00:27:36	00:54:27	00:54:17	930		Senior	140
897	266	Vasco Ramos	00:27:50	00:54:33	00:53:25	885		V40	179
898	1231	Cláudia Borralho	00:28:25	00:54:33	00:53:51	904		V40	24
899	1612	António Lima	00:27:23	00:54:33	00:54:29	938	Desportivo Operário do Rangel	V60	33
900	303	José Lindo	00:27:14	00:54:33	00:54:23	936		V70	4



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
901	925	Rui Paz	00:27:49	00:54:34	00:53:26	887		V40	180
902	1614	Carlos Costa	00:27:35	00:54:36	00:54:18	932		V50	101
903	818	Jorge Neves	00:27:36	00:54:37	00:53:41	894		V50	102
904	230	Ana Martins	00:27:34	00:54:38	00:54:16	929	Casa do Benfica em Algueirão Mem Martins - CB	V40	25
905	718	Susana Silva	00:27:37	00:54:38	00:53:47	898	Varitintas	V40	26
906	534	Andreia Pereira	00:28:44	00:54:39	00:53:31	888		Senior	30
907	526	Bárbara Ferreira	00:27:13	00:54:41	00:53:25	886		Senior	31
908	434	Susana Freitas	00:28:08	00:54:41	00:53:55	906	Correr Lisboa	V40	27
909	435	Ricardo Santos	00:28:07	00:54:42	00:53:55	907	Correr Lisboa	V40	181
910	752	Henrique Ferreira	00:27:57	00:54:42	00:54:07	919		V35	123
911	1233	Sérgio Rodrigues	00:28:50	00:54:47	00:53:38	891		Senior	141
912	305	Carlos Simões	00:27:09	00:54:49	00:54:41	947		V35	124
913	184	Nuno Tempera	00:28:16	00:54:49	00:53:48	900	RunLovers	V45	148
914	183	Joana Peralta	00:28:16	00:54:50	00:53:39	892	RunLovers	V40	28
915	852	Carlos Albano	00:28:25	00:54:51	00:53:45	896	SS CGD	V45	149
916	748	Pedro Costa	00:28:15	00:54:53	00:53:52	905		V45	150
917	1502	Leo Bonfim	00:25:13	00:54:54	00:54:07	918		V35	125
918	436	Alexandra Guerreiro	00:27:37	00:54:54	00:54:27	937	Desportivo de Odivelas	V40	29
919	1284	Marta Faleiro	00:28:25	00:54:56	00:54:14	927		Senior	32
920	32	Sandra Arraias	00:29:06	00:54:59	00:53:44	895	Os Arraias	V35	10



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
921	31	Diogo Arraias	00:29:06	00:54:59	00:53:46	897	Os Arraias	V60	34
922	1423	Paula Barrancos	00:29:02	00:55:01	00:53:49	901	DDN	V50	5
923	1458	Carla Medeiros	00:28:36	00:55:02	00:54:18	933		V35	11
924	1534	Miguel Lourenco	00:27:35	00:55:02	00:54:20	934	Corre Cardoso	Senior	142
925	1464	Isabel Dias	00:27:39	00:55:03	00:54:20	935		V50	6
926	908	Paulo Roxo	00:28:30	00:55:03	00:54:15	928		V40	182
927	863	João Correia	00:28:28	00:55:03	00:53:59	909	SS CGD	V55	56
928	844	Sandra Simões	00:27:57	00:55:08	00:54:08	920		V45	22
929	572	Luís Ferreira	00:25:56	00:55:11	00:54:56	967	Clube Ferroviário de Portugal	V50	103
930	1042	Tiago Barreira	00:28:16	00:55:11	00:54:18	931	Referees	Senior	143
931	603	Luís Brazão	00:27:53	00:55:12	00:55:07	976	Unidos da Manutenção	V65	15
932	423	João Silva	00:29:25	00:55:12	00:53:49	902		Senior	144
933	422	Jorge Camoesas	00:29:25	00:55:13	00:53:49	903		V35	126
934	794	Nuno Silva	00:27:02	00:55:16	00:54:07	917		V35	127
935	673	César Cabeza	00:27:10	00:55:17	00:54:57	968		V35	128
936	609	Mario Mira	00:27:49	00:55:19	00:54:54	962		V50	104
937	504	Mercedes Fonseca	00:28:03	00:55:22	00:55:16	981	Federação da Família para a Paz Mundial e Unifi	V60	2
938	636	João Pinto	00:28:37	00:55:22	00:54:02	911	Run for Friends	V40	183
939	50	Rita Dinis	00:28:29	00:55:23	00:54:33	942		Senior	33
940	1055	João Farinha	00:27:59	00:55:24	00:54:42	951		V45	151



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
941	1488	Luis Fouto	00:28:39	00:55:25	00:55:07	979		V45	152
942	1543	Luis Godinho	00:27:55	00:55:25	00:54:56	963		V35	129
943	869	Nuno Costa	00:28:45	00:55:26	00:54:06	916	SS CGD	V40	184
944	849	Teresa Domingues	00:28:05	00:55:27	00:54:49	959	SS CGD	V50	7
945	1001	Nuno Magro	00:29:15	00:55:27	00:54:13	922		V40	185
946	1038	Dora Simoes	00:29:14	00:55:27	00:54:13	923		V40	30
947	1017	Nuno Redondo	00:29:14	00:55:27	00:54:13	925		V35	130
948	1022	Helder Baptista	00:29:15	00:55:27	00:54:13	921		V45	153
949	1026	Carla Carneiro	00:29:15	00:55:27	00:54:13	924		V45	23
950	1598	Luis Dionisio	00:28:29	00:55:29	00:54:38	944		V45	154
951	416	Francisco Amaro	00:28:25	00:55:32	00:54:40	946	Varitintas	V50	105
952	650	Beatriz Figueiredo	00:28:26	00:55:32	00:54:47	958	GDCFidelidade	V40	31
953	1215	Carlos Gonçalves	00:28:19	00:55:33	00:54:41	948		V45	155
954	939	João Fialho	00:27:36	00:55:33	00:55:04	974	Desportivo de Odivelas	V35	131
955	624	Amadeu Pereira	00:27:37	00:55:36	00:54:50	960		V50	106
956	907	Luís Almeida	00:28:42	00:55:37	00:54:56	966		V45	156
957	1118	Paulo Quaresma	00:28:36	00:55:37	00:54:46	954	Veteranos de Massamá	V60	35
958	35	Luis Silva	00:28:47	00:55:39	00:55:03	973		V40	186
959	1353	Laurindo Oliveira	00:28:30	00:55:40	00:54:47	957	DDN	V50	107
960	503	Joaquim Fonseca	00:28:01	00:55:41	00:55:35	1002	Federação da Família para a Paz Mundial e Unifi	V60	36



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
961	368	Claudia Bico	00:29:47	00:55:42	00:55:07	975	CCD PM CASCAIS	V35	12
962	1600	Alice Vilaça	00:29:47	00:55:42	00:55:07	977		V35	13
963	369	Paulo Oliveira	00:29:47	00:55:42	00:55:07	978	CCD PM CASCAIS	V45	157
964	1330	Sergio Santos	00:28:07	00:55:43	00:55:02	972	JUNTA-TE À JUNTA	V40	187
965	875	Pedro Torrinha	00:29:13	00:55:43	00:54:38	945	SS CGD	V40	188
966	1528	Peter Hoffmann	00:28:46	00:55:43	00:54:51	961		V70	5
967	514	Jorge Bicho	00:28:12	00:55:45	00:54:47	956		V55	57
968	1500	Joao Duarte	00:28:03	00:55:45	00:55:34	1001		V35	132
969	46	Flávio Lucas	00:26:38	00:55:47	00:55:31	999		V35	133
970	1142	José Falcão	00:27:48	00:55:47	00:54:58	971		Senior	145
971	661	Luis Dinis	00:28:09	00:55:47	00:54:56	965		V45	158
972	1268	Joaquim Neiva	00:28:31	00:55:49	00:55:17	982	Desportivo Operário do Rangel	V70	6
973	1535	António Marques	00:28:26	00:55:49	00:55:24	988		V40	189
974	1510	Ana Correia	00:28:27	00:55:49	00:55:26	993		V40	32
975	1321	João Santos	00:30:01	00:55:49	00:54:33	941	Desportivo Operário do Rangel	V55	58
976	1503	João Sanches	00:30:02	00:55:49	00:54:31	940		V55	59
977	553	Adalberto Grilo	00:28:26	00:55:53	00:55:29	996		V55	60
978	1037	José Roseiro	00:29:25	00:55:53	00:54:34	943		V55	61
979	83	Julio Castro	00:29:09	00:55:55	00:54:42	950	CLUBE ATLETISMO AMIGOS DE BELÉM	V55	62
980	170	Paulo Lourinho	00:29:09	00:55:55	00:54:43	952	CLUBE ATLETISMO AMIGOS DE BELÉM	V45	159



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
981	1034	Gilberto Gonçalves	00:29:09	00:55:55	00:54:44	953		V65	16
982	904	João Pinto	00:28:30	00:55:55	00:55:36	1005	SS CGD	V35	134
983	1370	David Silva	00:29:33	00:55:56	00:54:30	939	CSB_RF	V35	135
984	1412	Nelson Melo	00:29:30	00:55:57	00:54:42	949		V40	190
985	1607	Sofia Cruz	00:29:42	00:55:57	00:54:46	955		Junior	4
986	67	Vera Vaz	00:29:04	00:55:58	00:55:25	991	Equipa David Vaz	V40	33
987	515	Aires Ildefonso	00:28:45	00:55:59	00:54:57	969		V60	37
988	1292	António Hortega	00:29:20	00:56:08	00:55:40	1007		V50	108
989	1008	Margarida Pires	00:28:38	00:56:09	00:55:35	1003	SS CGD	Junior	5
990	1228	Alexandre Drake	00:29:16	00:56:12	00:54:58	970		V50	109
991	153	Pedro Valente	00:28:27	00:56:13	00:55:55	1013	Primos	V45	160
992	787	Alvaro Alpoim	00:28:40	00:56:14	00:55:21	983		V50	110
993	89	Paulo Lopes	00:28:53	00:56:15	00:54:56	964		V45	161
994	706	Carlos Marques	00:26:42	00:56:15	00:55:53	1012		V55	63
995	1143	Maria Santos	00:28:36	00:56:16	00:56:10	1017		V45	24
996	353	Pedro Fernandes	00:27:46	00:56:16	00:55:29	997	CCD do Crédito Agrícola Mútuo	Senior	146
997	923	Catarina Rodrigues	00:28:22	00:56:17	00:55:58	1015	GRCD Leião	V35	14
998	1234	Fernando Tavares	00:28:59	00:56:17	00:55:24	987		V60	38
999	42	Rui Pereira	00:28:58	00:56:18	00:55:25	989		Senior	147
1000	350	Francisco Reis	00:28:22	00:56:18	00:55:30	998		V60	39



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1001	968	Andreia Costa	00:29:06	00:56:20	00:55:24	985	Clube Millennium bcp	V45	25
1002	798	Carlos Pereira	00:30:03	00:56:20	00:55:36	1004	GD SANTANDERTOTTA	V45	162
1003	1568	Miguel Reis	00:29:16	00:56:20	00:55:13	980	SS CGD	V40	191
1004	967	Luis Costa	00:29:05	00:56:21	00:55:24	986	Clube Millennium bcp	V45	163
1005	408	Ricardo Simoes	00:27:49	00:56:22	00:55:29	995		V45	164
1006	1210	Sérgio Silva	00:28:33	00:56:23	00:55:37	1006		Senior	148
1007	759	Nuno Santos	00:29:10	00:56:24	00:55:25	990	FabFour	V35	136
1008	1152	Rui Afonso	00:28:24	00:56:28	00:55:51	1011		V45	165
1009	1018	Ana Serrão	00:28:26	00:56:29	00:55:47	1010		Senior	34
1010	1168	João Brites	00:28:59	00:56:35	00:55:26	992		V45	166
1011	1465	António Figueiredo	00:28:53	00:56:35	00:55:56	1014		Senior	149
1012	491	Virgílio Rodrigues	00:29:52	00:56:36	00:55:41	1008	CLUBE DESPORTIVO ESTRELA	V70	7
1013	326	Luis Meneses	00:29:13	00:56:38	00:56:06	1016	Valejas AC	V40	192
1014	1472	Tiago Branco	00:29:02	00:56:40	00:55:23	984		Senior	150
1015	161	Maria Silva	00:28:18	00:56:41	00:56:29	1034		V55	3
1016	98	Vitor Martins	00:28:36	00:56:47	00:56:21	1023		V65	17
1017	407	Nuno Molero	00:29:14	00:56:50	00:55:47	1009		V45	167
1018	1606	Carlos Vale	00:29:16	00:56:53	00:55:31	1000	Desportivo Operário do Rangel	V35	137
1019	1275	Paulo Reigado	00:29:16	00:56:54	00:55:29	994	Desportivo Operário do Rangel	V50	111
1020	203	Marina Leitão	00:28:30	00:56:56	00:56:44	1045	Os Galgos	V35	15



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1021	935	João Barrigola	00:28:33	00:57:00	00:56:16	1019	Malveira em Movimento	V35	138
1022	696	Ana Mendes	00:28:35	00:57:00	00:56:28	1032	CARRASCO & AMIGOS	V35	16
1023	687	Licinia Rego	00:28:35	00:57:00	00:56:28	1030	G. R. D. Ribeira da Lage	V45	26
1024	401	João Anjos	00:30:00	00:57:00	00:56:27	1028		V45	168
1025	689	Sónia Jesus	00:28:35	00:57:01	00:56:29	1033	G. R. D. Ribeira da Lage	V35	17
1026	690	Ventura Saraiva	00:28:35	00:57:01	00:56:28	1031	G. R. D. Ribeira da Lage	V65	18
1027	700	Catia Ramos	00:28:36	00:57:01	00:56:31	1036	CARRASCO & AMIGOS	V35	18
1028	677	Deem Staam	00:28:58	00:57:03	00:56:21	1024	Opticalia Running Team	V40	193
1029	334	Mário Lopes	00:29:23	00:57:06	00:56:53	1052		V70	8
1030	1144	Abilio Tavares	00:28:25	00:57:10	00:57:03	1058		V60	40
1031	510	Clube Stress	00:29:18	00:57:11	00:56:14	1018	Clube do Stress	V45	169
1032	1608	António Relvas	00:28:44	00:57:15	00:56:51	1051		V60	41
1033	332	Antonio Fonseca	00:29:38	00:57:19	00:56:17	1020		V70	9
1034	414	Fabiana Bonito	00:28:54	00:57:20	00:56:43	1043		Senior	35
1035	1316	Vasco Coelho	00:29:56	00:57:26	00:56:39	1039		V40	194
1036	558	Vítor Gonçalves	00:29:05	00:57:29	00:56:18	1021	4 ao Km	V45	170
1037	557	Isadora Costa	00:29:07	00:57:29	00:56:19	1022	4 ao Km	Senior	36
1038	1243	Luís Ramos	00:30:47	00:57:29	00:56:27	1029		Senior	151
1039	822	Nuno Rodrigues	00:29:46	00:57:31	00:56:57	1055	G.C.Estrelas da Amadora	V40	195
1040	784	Bruno Fins	00:30:47	00:57:33	00:56:30	1035		V35	139



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1041	417	Paulo Nunes	00:29:44	00:57:34	00:56:46	1046		V50	112
1042	1278	Ricardo Caldeira	00:28:12	00:57:36	00:57:04	1059		Senior	152
1043	1336	António Bila	00:30:38	00:57:38	00:56:32	1038	Clube Olímpico de Oeiras	V60	42
1044	1170	Tiago Gonçalves	00:30:29	00:57:38	00:56:25	1027		Senior	153
1045	1495	Sofia Caetano	00:28:52	00:57:38	00:57:23	1069	A.M.Atibá	V40	34
1046	373	Alice Aguiar	00:29:25	00:57:39	00:56:53	1053	Pinguim	V55	4
1047	359	Paulo Costa	00:28:52	00:57:40	00:57:24	1070		V40	196
1048	778	Celeste Almeida	00:29:43	00:57:40	00:57:26	1072		V45	27
1049	270	Bruno Delgado	00:29:12	00:57:41	00:57:25	1071	El Pareja	V35	140
1050	790	Ricardo Nobre	00:29:43	00:57:41	00:56:42	1040		V35	141
1051	807	Gonçalo Delca	00:32:59	00:57:42	00:56:43	1041		V40	197
1052	711	Rozires Ferreira	00:30:19	00:57:42	00:56:32	1037		V35	19
1053	446	Pepe Pereira	00:28:40	00:57:43	00:56:24	1026		Senior	154
1054	1389	Rui Belchior	00:30:05	00:57:47	00:56:46	1047		V50	113
1055	753	Mário Bastardo	00:30:00	00:57:47	00:56:50	1050		V35	142
1056	126	Jose Correia	00:29:42	00:57:47	00:56:50	1049		V55	64
1057	783	Helena Bastardo	00:30:00	00:57:47	00:56:49	1048		V45	28
1058	658	Anabela Ruivo	00:29:51	00:57:48	00:57:19	1064		V40	35
1059	659	Luís Nabais	00:29:51	00:57:48	00:57:19	1065		V35	143
1060	619	Paulo Gamboa	00:29:50	00:57:48	00:57:19	1066	Clube atletico das patameiras	V45	171



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1061	22	Mário Sobral	00:29:50	00:57:49	00:57:19	1067		V40	198
1062	901	Maria Silva	00:30:02	00:57:49	00:56:43	1042	Tranquilidade Açoreana Clube	V40	36
1063	192	Susana Gomes	00:29:50	00:57:49	00:57:13	1062	Valejas AC	V45	29
1064	900	José Aires	00:30:02	00:57:50	00:56:44	1044	Tranquilidade Açoreana Clube	V60	43
1065	361	Germano Bernardo	00:31:13	00:57:53	00:56:23	1025	PRAZER DA CORRIDA	V60	44
1066	1419	Nuno Côrte-Real	00:28:58	00:57:58	00:57:47	1087		V50	114
1067	614	Rui Carvalho	00:30:48	00:58:01	00:56:57	1054		V35	144
1068	952	Leonel Brandao	00:29:19	00:58:03	00:56:59	1057	Clube Millennium bcp	V50	115
1069	919	Adelia Cabral	00:28:39	00:58:03	00:57:42	1083	SS CGD	V35	20
1070	125	Humberto Soeima	00:28:15	00:58:03	00:57:47	1086		Senior	155
1071	141	Carlos Jesus	00:30:37	00:58:05	00:56:59	1056		V50	116
1072	1175	José Mota	00:30:05	00:58:06	00:57:23	1068		V55	65
1073	131	Vítor Gonzas	00:28:25	00:58:07	00:57:48	1088		V50	117
1074	675	Pedro Vieira	00:29:26	00:58:08	00:57:26	1073	Opticalia Running Team	V35	145
1075	364	João Esteves	00:29:15	00:58:09	00:57:26	1074		V55	66
1076	119	Maria Pires	00:29:22	00:58:10	00:57:56	1093	Clube Ferroviário de Portugal	V50	8
1077	660	Adelaide Scalpelli	00:29:18	00:58:10	00:58:01	1098		V50	9
1078	1016	Paula Cardoso	00:30:07	00:58:11	00:57:51	1089		V45	30
1079	232	Pedro Cruzinha	00:28:02	00:58:11	00:57:36	1081	Casa do Benfica em Algueirão Mem Martins - CB	V40	199
1080	644	Carlos Mendes	00:28:02	00:58:12	00:57:36	1079		V50	118



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1081	1506	Miguel Videira	00:30:38	00:58:20	00:57:07	1061		V40	200
1082	23	Hugo Dionisio	00:30:48	00:58:22	00:57:04	1060		V40	201
1083	1334	Rui Frango	00:30:00	00:58:23	00:57:35	1078	Clube Olímpico de Oeiras	V50	119
1084	1119	João Santos	00:29:54	00:58:29	00:58:01	1097	Veteranos de Massamá	V65	19
1085	454	Vitor Rodrigues	00:29:44	00:58:30	00:57:17	1063	Grupo de Atletas Gascan-Monsanto	V60	45
1086	147	David Feijão	00:29:58	00:58:31	00:58:13	1105		V35	146
1087	146	Dina Silva	00:29:58	00:58:32	00:58:14	1107		Senior	37
1088	631	Raquel Moleiro	00:30:00	00:58:32	00:58:04	1101	Bruno Sempre	V35	21
1089	979	Antonio Almeida	00:29:54	00:58:33	00:57:36	1080	Clube Millennium bcp	V50	120
1090	1420	Fernando Dias	00:28:51	00:58:33	00:58:03	1100		V50	121
1091	1213	José Casimiro	00:29:51	00:58:36	00:58:11	1103		V50	122
1092	134	Rita Machado	00:30:27	00:58:36	00:57:32	1076	Marretas	V40	37
1093	133	Clube Stress	00:30:07	00:58:36	00:57:30	1075	Clube do Stress	V45	172
1094	1235	Pedro Sa	00:30:28	00:58:37	00:57:33	1077		V45	173
1095	1005	Sara Reis	00:28:52	00:58:38	00:58:14	1106	Casa do Benfica em Algueirão Mem Martins - CB	Senior	38
1096	789	Fernando Conceição	00:28:44	00:58:40	00:58:08	1102		V50	123
1097	988	Soraia Ferreira	00:29:13	00:58:40	00:58:01	1096		V40	38
1098	827	Paulo Roberto	00:28:56	00:58:43	00:58:15	1110		V45	174
1099	156	Isabel Santos	00:29:38	00:58:45	00:58:40	1128	LOURDETE PERFUMARIAS	V50	10
1100	820	Paulo Ferreira	00:29:45	00:58:46	00:58:14	1108	G.C.Estrelas da Amadora	V45	175



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1101	269	Lara Valente	00:29:47	00:58:55	00:58:38	1125	El Pareja	V35	22
1102	448	João Rato	00:30:55	00:58:55	00:57:53	1090		V50	124
1103	77	Daniel Ramos	00:29:42	00:58:57	00:57:41	1082	Jobrinde - Montes Saloios	V40	202
1104	113	Luis Proença	00:29:19	00:58:57	00:58:39	1126		V45	176
1105	443	Marcos Leonardo	00:29:35	00:58:58	00:58:22	1113	Casa do Benfica em Algueirão Mem Martins - CB	V65	20
1106	449	João Gonçalves	00:30:55	00:59:01	00:57:59	1095		V55	67
1107	1559	Vítor Pimenta	00:30:17	00:59:01	00:57:47	1085		V35	147
1108	1281	Luis Parreira	00:29:56	00:59:01	00:58:16	1111	panoplia numerica	V40	203
1109	1373	Rute Ferreira	00:29:44	00:59:02	00:58:14	1109		Senior	39
1110	847	Álvaro Furtado	00:32:03	00:59:03	00:57:47	1084	SS CGD	V55	68
1111	130	Paulo Silva	00:29:43	00:59:05	00:58:51	1139		V55	69
1112	948	Mario Marcelino	00:30:20	00:59:09	00:58:59	1144	Clube Millennium bcp	V55	70
1113	1098	Catarina Afonso	00:30:13	00:59:11	00:58:26	1117		Senior	40
1114	1473	António Pereira	00:29:02	00:59:11	00:57:54	1091		V50	125
1115	570	Rita Melo	00:32:00	00:59:14	00:58:12	1104	Clube Ferroviário de Portugal	V35	23
1116	320	Bruno Abrantes	00:30:26	00:59:16	00:58:02	1099		V40	204
1117	167	Mafalda Silva	00:29:55	00:59:18	00:58:45	1134		Senior	41
1118	576	José Santos	00:30:25	00:59:20	00:58:29	1121		V40	205
1119	637	Rui Lopes	00:29:24	00:59:21	00:57:57	1094	CSB_RF	Senior	156
1120	639	António Lopes	00:29:52	00:59:22	00:57:56	1092	CSB_RF	V60	46



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1121	1546	Pedro Silveira	00:30:45	00:59:22	00:58:25	1116		V45	177
1122	1454	Camilo Nava	00:30:53	00:59:24	00:58:26	1118		Senior	157
1123	760	Andreia Valério	00:30:46	00:59:26	00:58:27	1120	FabFour	V35	24
1124	1335	Teresa Sepúlveda	00:30:47	00:59:26	00:58:27	1119	Clube Olímpico de Oeiras	V35	25
1125	307	Inês Monteiro	00:29:51	00:59:26	00:59:07	1148	Kaninos	Senior	42
1126	1597	Carina Jorge	00:29:57	00:59:27	00:58:54	1141		Senior	43
1127	853	Céu	00:30:48	00:59:29	00:58:23	1115	SS CGD	V50	11
1128	662	Bruno Almeida	00:30:53	00:59:30	00:58:18	1112		Senior	158
1129	348	Susana Almeida	00:30:26	00:59:30	00:58:45	1133		V45	31
1130	344	Ana Candeias	00:30:12	00:59:31	00:58:46	1136		V40	39
1131	346	Patricia Almeida	00:30:26	00:59:31	00:58:47	1137		V40	40
1132	1240	João Miguel	00:29:45	00:59:31	00:59:17	1159		V75	1
1133	1457	Carolina Manuel	00:31:07	00:59:32	00:58:23	1114		V40	41
1134	12	Martinho Dias	00:29:16	00:59:32	00:59:12	1151		V40	206
1135	1483	Carla Reizinho	00:30:43	00:59:32	00:58:33	1123		V35	26
1136	1076	António Mateus	00:30:39	00:59:33	00:59:07	1147	Os Zatopeques	V75	2
1137	1484	João Silva	00:30:44	00:59:33	00:58:33	1122		Senior	159
1138	1342	Olivia Borges	00:28:55	00:59:35	00:59:09	1150	JUNTA-TE À JUNTA	Junior	6
1139	1344	Guilherme Silva	00:28:55	00:59:35	00:59:09	1149	JUNTA-TE À JUNTA	Junior	13
1140	66	Sandra Antunes	00:30:04	00:59:36	00:59:02	1146	Equipa David Vaz	V45	32



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1141	612	José Coelho	00:31:41	00:59:38	00:59:15	1155		V50	126
1142	16	Ana Chatillon	00:29:46	00:59:38	00:59:30	1168	Chatillon	Senior	44
1143	611	Filipa Mata	00:31:41	00:59:39	00:59:17	1160		Senior	45
1144	823	Diogo Santos	00:30:41	00:59:40	00:58:45	1135		Senior	160
1145	47	Casimiro Silva	00:29:37	00:59:40	00:59:15	1153		V40	207
1146	842	Fernando Robles	00:30:41	00:59:40	00:59:30	1167		V45	178
1147	242	Sandra Silva	00:29:37	00:59:40	00:59:21	1163	GRCD Leião	V40	42
1148	512	Moisés Fernandes	00:30:18	00:59:42	00:58:48	1138		V45	179
1149	518	Maria Pinto	00:28:45	00:59:42	00:58:40	1130		V50	12
1150	1421	Luis Libório	00:30:54	00:59:48	00:58:39	1127		Senior	161
1151	1522	Mário Luís	00:31:03	00:59:52	00:58:40	1129	JUNTA-TE À JUNTA	V45	180
1152	221	Jorge Miranda	00:30:03	00:59:52	00:59:19	1161	Casa do Benfica em Algueirão Mem Martins - CB	V50	127
1153	714	Fernando Oliveira	00:31:06	00:59:54	00:58:45	1132		Senior	162
1154	501	Tiago Oliveira	00:30:23	00:59:57	00:59:56	1179	CLUBE DESPORTIVO ESTRELA	Senior	163
1155	871	Paulo Bailão	00:31:37	00:59:57	00:58:42	1131	SS CGD	V45	181
1156	1252	Rita Fachadas	00:30:37	00:59:58	00:59:15	1156	A Natureza ensina	Senior	46
1157	654	Carlos Martins	00:32:54	01:00:01	00:58:38	1124	GDCFidelidade	V45	182
1158	1387	Joao Cardoso	00:30:14	01:00:02	00:59:22	1165	Clube J	V35	148
1159	843	Adriano Cunha	00:31:07	01:00:03	00:59:14	1152		V60	47
1160	528	Helder Rodrigues	00:30:06	01:00:06	00:59:21	1162		V35	149



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1161	857	Fernando Alves	00:31:37	01:00:10	00:58:54	1140	SS CGD	V55	71
1162	954	Ines Bernardo	00:30:53	01:00:10	00:59:15	1154	Clube Millennium bcp	V35	27
1163	703	Daniela Carvalho	00:29:26	01:00:11	00:59:25	1166	UDR Sabuguense Guerreiros do Rio	V40	43
1164	1599	Joana Martins	00:30:15	01:00:12	00:59:22	1164		V35	28
1165	941	Carla Faria	00:30:19	01:00:15	00:59:54	1176	Clube Millennium bcp	V45	33
1166	1511	Arminda Basílio	00:31:09	01:00:17	00:58:59	1142		V40	44
1167	800	Rita Queiroz	00:30:48	01:00:18	00:59:31	1169		Senior	47
1168	1509	Artur Basilio	00:31:09	01:00:18	00:59:00	1145		V40	208
1169	1514	Sandra Oliveira	00:31:09	01:00:18	00:58:59	1143		V35	29
1170	1544	Rúben Almeida	00:30:24	01:00:19	00:59:16	1157		Senior	164
1171	1388	Paulo Gama	00:30:25	01:00:20	00:59:17	1158		Senior	165
1172	1475	Diogo Gomes	00:30:52	01:00:26	00:59:55	1177		Senior	166
1173	793	Paula Leitão	00:30:07	01:00:28	01:00:12	1183		V40	45
1174	819	Luis Garanhoto	00:30:51	01:00:29	00:59:33	1171		Junior	14
1175	816	Miguel Garanhoto	00:30:51	01:00:30	00:59:33	1170		V40	209
1176	1023	Ana Quintas	00:30:40	01:00:32	01:00:21	1193		V45	34
1177	723	Salvador Afonso	00:30:16	01:00:37	00:59:52	1175	GD SANTANDERTOTTA	V60	48
1178	691	Maria Fatuda	00:30:47	01:00:38	01:00:26	1198	G. R. D. Ribeira da Lage	V60	3
1179	604	Miguel Barbosa	00:31:03	01:00:45	01:00:38	1203	Unidos da Manutenção	V60	49
1180	463	Henrique Vilhena	00:32:09	01:00:47	01:00:16	1185		V60	50



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1181	1563	Helena Ferreira	00:31:04	01:00:49	01:00:06	1182		V45	35
1182	856	Esmeraldo Pereira	00:32:17	01:00:52	00:59:40	1172	SS CGD	V70	10
1183	1007	Dora Pires	00:30:56	01:00:53	01:00:18	1187	SS CGD	V50	13
1184	343	Ana Amorim	00:31:09	01:00:53	01:00:43	1204		V40	46
1185	1172	Caren Moura	00:30:48	01:00:54	01:00:25	1195		V40	47
1186	249	Tiago Dionísio	00:31:44	01:00:57	01:00:19	1190	Clube do Stress	V40	210
1187	248	Rita Manso	00:31:44	01:00:57	01:00:20	1192	Clube do Stress	V45	36
1188	861	Hugo Venancio	00:31:15	01:01:03	01:00:06	1181	SS CGD	V35	150
1189	97	Rita Pereira	00:30:37	01:01:08	01:00:19	1189		V40	48
1190	1161	Marisa Rianço	00:30:52	01:01:08	00:59:58	1180		V35	30
1191	199	Paulo Onofre	00:31:39	01:01:10	01:00:21	1194		V45	183
1192	868	Luis Quental	00:32:05	01:01:11	00:59:51	1174	SS CGD	V50	128
1193	625	Rui Brás	00:33:05	01:01:13	00:59:49	1173		V40	211
1194	171	Jose Machado	00:30:59	01:01:13	01:00:30	1200	NAV RUNNERS	V50	129
1195	37	João Russo	00:31:17	01:01:13	01:00:20	1191		V35	151
1196	172	Marta Machado	00:30:59	01:01:14	01:00:31	1201	NAV RUNNERS	Senior	48
1197	666	Carlos Fernandes	00:29:59	01:01:14	01:01:02	1210	Clube Vodafone	V50	130
1198	1327	Ana Fernandes	00:29:59	01:01:14	01:01:02	1209	JUNTA-TE À JUNTA	V45	37
1199	891	Patrícia Machado	00:31:23	01:01:18	01:01:13	1226	Guizo Runners	V35	31
1200	1000	Ricardo Vieira	00:31:18	01:01:18	00:59:55	1178	Run for Friends	V35	152



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1201	914	Miguel Guilherme	00:31:23	01:01:19	01:01:13	1228		V35	153
1202	268	Ana Silvério	00:30:30	01:01:23	01:01:12	1223		V40	49
1203	1497	Henrique Costa	00:33:31	01:01:23	01:00:15	1184		Senior	167
1204	304	Marisa Gonçalves	00:30:56	01:01:23	01:01:11	1221	Os Galgos	V40	50
1205	1320	João Saianda	00:30:56	01:01:24	01:01:11	1220	Os Galgos	V40	212
1206	405	Céu Miguel	00:30:45	01:01:24	01:00:33	1202	Novos Trilhos	V50	14
1207	58	Idália Caeiro	00:31:01	01:01:25	01:01:10	1218		V45	38
1208	581	Lurdes Silva	00:30:43	01:01:26	01:01:05	1215		V45	39
1209	532	José Tomé	00:31:32	01:01:27	01:00:18	1186		V40	213
1210	749	Mario S.Sousa	00:30:45	01:01:29	01:00:18	1188	GRD OS FIXES	V60	51
1211	1494	Monica Teixeira	00:29:32	01:01:29	01:00:25	1196	A.M.Atibá	Senior	49
1212	529	Pedro Soares	00:30:57	01:01:39	01:01:17	1235	TEAM CASA DO MONTE	V40	214
1213	226	Fernando Ferreira	00:31:35	01:01:44	01:01:21	1236	Casa do Benfica em Algueirão Mem Martins - CB	V75	3
1214	545	Marta Ferreira	00:30:55	01:01:50	01:00:25	1197		Senior	50
1215	166	Paulo Silva	00:32:17	01:01:50	01:00:29	1199		V40	215
1216	1206	Manuel Baptista	00:31:44	01:01:50	01:01:10	1217		V50	131
1217	591	Pedro Pinto	00:30:34	01:01:51	01:01:16	1232		Senior	168
1218	824	Inês Abreu	00:30:34	01:01:51	01:01:15	1231		Senior	51
1219	223	Sónia Ferreira	00:31:38	01:01:52	01:01:26	1237	Casa do Benfica em Algueirão Mem Martins - CB	V35	32
1220	848	André Noronha	00:31:59	01:01:54	01:00:51	1205	SS CGD	V50	132



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1221	879	Cristiana Almeida	00:31:59	01:01:55	01:00:52	1206	SS CGD	V50	15
1222	590	Cláudia Santos	00:31:25	01:02:00	01:01:05	1214		Senior	52
1223	785	Albano Santos	00:31:25	01:02:00	01:01:04	1212		V55	72
1224	786	Miguel David	00:31:20	01:02:01	01:01:05	1213		V45	184
1225	105	Cristina Dinis	00:30:44	01:02:01	01:01:12	1225		V45	40
1226	104	José Dinis	00:30:44	01:02:01	01:01:11	1219		V50	133
1227	1247	Paula Fernandes	00:31:01	01:02:03	01:01:13	1229	BroRun	V40	51
1228	1246	Ricardo Fernandes	00:31:01	01:02:03	01:01:14	1230	BroRun	V45	185
1229	1537	Joana Luzia	00:32:24	01:02:04	01:00:53	1207		Senior	53
1230	936	Ana Almeida	00:31:14	01:02:06	01:01:12	1224		V40	52
1231	335	Maria Rocha	00:31:19	01:02:09	01:01:59	1250		V45	41
1232	375	Sérgio Teixeira	00:30:13	01:02:14	01:01:32	1243		V40	216
1233	1426	Rita Oliveira	00:31:20	01:02:14	01:01:32	1242		V35	33
1234	1355	Romão Bandarrinha	00:32:52	01:02:15	01:01:04	1211	DDN	V55	73
1235	656	Mário Dias	00:32:59	01:02:15	01:01:12	1222	Marretas	V45	186
1236	1539	Carlos Rodrigues	00:30:22	01:02:18	01:02:06	1253		V55	74
1237	821	Luis Rodrigues	00:31:13	01:02:19	01:01:47	1244	G.C.Estrelas da Amadora	V35	154
1238	736	Pedro Barata	00:31:13	01:02:20	01:01:48	1246	G.C.Estrelas da Amadora	V35	155
1239	657	Filipe Romão	00:32:59	01:02:21	01:01:17	1233	Marretas	V45	187
1240	552	Rui Soares	00:33:06	01:02:25	01:01:01	1208		V35	156



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1241	796	Sérgio Freitas	00:31:28	01:02:25	01:01:07	1216		V40	217
1242	1123	Rui Vaz	00:31:55	01:02:31	01:01:13	1227		V40	218
1243	1613	Henriqueta Solipa	00:32:16	01:02:33	01:01:17	1234		V55	5
1244	756	Ana Água	00:31:32	01:02:34	01:01:54	1247		V40	53
1245	55	Aliete Rodrigues	00:30:19	01:02:37	01:02:33	1258		V35	34
1246	28	Luisa Santos	00:31:44	01:02:38	01:01:47	1245		V45	42
1247	1356	João Bandarrinha	00:32:53	01:02:41	01:01:30	1240	DDN	V50	134
1248	181	Iris Mauricio	00:31:56	01:02:43	01:01:32	1241	RunLovers	V40	54
1249	1512	João Saraiva	00:32:04	01:02:46	01:01:27	1238		V45	188
1250	1303	Isabel Barra	00:32:04	01:02:47	01:01:29	1239		V45	43
1251	1237	Laurinda Castro	00:32:20	01:02:48	01:02:38	1259		V55	6
1252	1404	Ana Martins	00:32:11	01:02:49	01:02:28	1255		V50	16
1253	808	Deolinda Santos	00:32:59	01:02:56	01:01:57	1249		V45	44
1254	1077	Paula Alexandra	00:32:07	01:03:01	01:02:26	1254	cabrizrun	V45	45
1255	1087	Elisabete Rodrigues	00:31:35	01:03:02	01:02:40	1260		V35	35
1256	1317	Fabiana Stringheta	00:32:04	01:03:03	01:01:59	1251		Senior	54
1257	527	Adérito Gonçalves	00:33:08	01:03:05	01:02:05	1252		V45	189
1258	1422	Fernando Morais	00:32:48	01:03:09	01:01:55	1248	DDN	V55	75
1259	1587	João Carvalho	00:30:47	01:03:16	01:02:41	1261		V55	76
1260	310	Cátia Camara	00:32:19	01:03:18	01:02:41	1262		Senior	55



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1261	892	Isabel Garcia	00:31:42	01:03:20	01:03:15	1283	Guizo Runners	V50	17
1262	432	Ana Abreu	00:32:38	01:03:26	01:03:18	1286	Federação da Família para a Paz Mundial e Unifi	V40	55
1263	1129	Filipa Martins	00:31:24	01:03:28	01:03:14	1282		V40	56
1264	1610	Andre Vaz	00:30:55	01:03:34	01:03:04	1276		V45	190
1265	220	Rosa Gonçalves	00:31:40	01:03:36	01:03:10	1281	Casa do Benfica em Algueirão Mem Martins - CB	V50	18
1266	120	Manuel António	00:32:23	01:03:39	01:03:24	1289	Clube Ferroviário de Portugal	V45	191
1267	573	Jacinta Almeida	00:32:24	01:03:40	01:03:25	1290	Clube Ferroviário de Portugal	V50	19
1268	1489	Rui Ferreira	00:33:08	01:03:44	01:02:30	1256		V35	157
1269	1491	Rita Campos	00:33:09	01:03:45	01:02:31	1257		V35	36
1270	499	Natividade Cardoso	00:32:15	01:03:53	01:03:33	1291	CLUBE DESPORTIVO ESTRELA	V65	1
1271	330	Olivia Lucas	00:32:34	01:03:54	01:03:34	1294	BREAKAWAY	V50	20
1272	473	Pedro Correia	00:32:02	01:03:55	01:02:50	1264		V45	192
1273	329	Vítor Lucas	00:32:25	01:03:55	01:03:20	1287	BREAKAWAY	V50	135
1274	710	Sara Valadares	00:32:53	01:03:55	01:03:07	1277		V45	46
1275	233	Joaquim Hermenegildo	00:31:39	01:04:03	01:03:35	1295	Casa do Benfica em Algueirão Mem Martins - CB	V50	136
1276	278	António Galheto	00:30:44	01:04:04	01:04:00	1301		V65	21
1277	963	Catarina Altas	00:31:53	01:04:06	01:04:00	1302	Clube Millennium bcp	V40	57
1278	805	Valeria Moreira	00:32:54	01:04:08	01:03:52	1298		V45	47
1279	969	Jose Silvestre	00:32:44	01:04:10	01:03:16	1284	Clube Millennium bcp	V45	193
1280	970	Ana Silvestre	00:32:45	01:04:10	01:03:16	1285	Clube Millennium bcp	V40	58



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1281	426	Carlos Amaro	00:31:20	01:04:11	01:02:50	1263	Run for Friends	V35	158
1282	462	José Castro	00:31:16	01:04:12	01:02:52	1273	Run for Friends	V45	194
1283	1086	Vitor Silva	00:31:19	01:04:12	01:02:51	1268	Run for Friends	Senior	169
1284	54	Bruno Amaro	00:31:38	01:04:12	01:02:52	1272	Run for Friends	V35	159
1285	1408	Yunara Santo	00:32:40	01:04:12	01:02:51	1266	Run for Friends	Senior	56
1286	567	Bento Galamba	00:31:19	01:04:12	01:02:52	1274	SPORTING CLUBE REBOLEIRA E DAMAIA	V50	137
1287	1407	Pedro Lima	00:31:16	01:04:13	01:02:51	1265	Run for Friends	Senior	170
1288	470	Estela Gonçalves	00:31:29	01:04:13	01:02:52	1271		V40	59
1289	429	Hugo Gomes	00:31:20	01:04:13	01:02:52	1270	Run for Friends	V35	160
1290	999	Filipe Ribeiro	00:31:16	01:04:13	01:02:51	1269	Run for Friends	V35	161
1291	428	Marco Fernandes	00:32:41	01:04:13	01:02:51	1267	Run for Friends	Senior	171
1292	71	Luísa Penela	00:31:36	01:04:14	01:04:05	1303		V40	60
1293	13	João Campos	00:33:33	01:04:20	01:03:08	1279		V45	195
1294	538	Pedro Santos	00:33:32	01:04:21	01:03:08	1278	Jobrinde - Montes Saloios	V45	196
1295	569	Maria Andrade	00:33:32	01:04:21	01:03:10	1280		V55	7
1296	1165	José Amado	00:34:00	01:04:22	01:02:56	1275	CSB_RF	V65	22
1297	1536	Goncalo Rodrigues	00:33:24	01:04:34	01:03:23	1288		Senior	172
1298	456	Antonio Pardal	00:33:17	01:04:39	01:03:33	1292	Grupo de Atletas Gascan-Monsanto	V60	52
1299	455	Constancio Almeida	00:33:17	01:04:39	01:03:33	1293	Grupo de Atletas Gascan-Monsanto	V55	77
1300	1128	Gonçalo Loureiro	00:33:51	01:04:41	01:04:09	1305		V40	219



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1301	333	Ana Dias	00:32:02	01:04:46	01:03:56	1299		V45	48
1302	1221	Nuno Barradas	00:30:43	01:04:49	01:03:41	1296		V50	138
1303	958	Pedro Murca	00:33:09	01:04:55	01:03:57	1300	Clube Millennium bcp	V50	139
1304	1116	Manuel Azevedo	00:32:59	01:04:57	01:04:13	1306	Veteranos de Massamá	V60	53
1305	39	Paulo Rodrigues	00:31:19	01:04:59	01:04:32	1314		Senior	173
1306	1328	Ana Venâncio	00:33:05	01:05:03	01:04:23	1310	JUNTA-TE À JUNTA	V40	61
1307	1517	Nuno Duque	00:33:05	01:05:05	01:04:24	1311	JUNTA-TE À JUNTA	Senior	174
1308	1225	Francisco Cruz	00:32:15	01:05:06	01:03:45	1297		V55	78
1309	667	Rebeca Guerra	00:33:30	01:05:21	01:04:28	1312	Clube Vodafone	Senior	57
1310	669	Pedro Santos	00:33:29	01:05:22	01:04:28	1313	Clube Vodafone	V40	220
1311	1310	Francisco Campos	00:31:40	01:05:24	01:05:00	1317		Senior	175
1312	983	Amdre Quintino	00:32:39	01:05:31	01:04:08	1304		V45	197
1313	672	Miguel Sanches	00:33:41	01:05:44	01:04:21	1308		V60	54
1314	671	Miguel Leal	00:33:42	01:05:44	01:04:21	1309		V55	79
1315	1151	Rogério Dias	00:34:03	01:05:51	01:04:42	1315	MK9	Senior	176
1316	1150	Clara Santos	00:34:03	01:05:51	01:04:42	1316	MK9	Senior	58
1317	1425	Andrea Silva	00:32:23	01:05:54	01:05:12	1321		V45	49
1318	176	António Pinho	00:33:26	01:05:54	01:05:24	1327	Associação de Atletismo Lebres do Sado	V65	23
1319	920	Susana Ribeiro	00:34:08	01:05:55	01:05:11	1320		V35	37
1320	685	Josue Frade	00:33:24	01:05:57	01:04:21	1307	G. R. D. Ribeira da Lage	V45	198



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1321	52	Pedro Leiria	00:33:31	01:06:01	01:05:40	1336		V40	221
1322	21	Rosarinho Martins	00:33:31	01:06:01	01:05:40	1335		Senior	59
1323	20	Jose Canela	00:33:31	01:06:01	01:05:40	1334		V40	222
1324	340	Carolina Pecegueiro	00:33:32	01:06:01	01:05:40	1333		V35	38
1325	433	Fátima Abreu	00:33:12	01:06:16	01:06:06	1341	Federação da Família para a Paz Mundial e Unifi	V65	2
1326	300	José Lamego	00:33:25	01:06:16	01:05:08	1318	Leões de Barcarena	V65	24
1327	1525	Fernando Freitas	00:33:22	01:06:17	01:05:09	1319		V40	223
1328	299	Edmundo Cardeira	00:33:55	01:06:17	01:05:18	1326	Leões de Barcarena	V70	11
1329	516	Tatiana Ildefonso	00:32:42	01:06:21	01:05:17	1324		V35	39
1330	537	Armando Mossuto	00:33:21	01:06:24	01:05:17	1325		Senior	177
1331	1127	Cátia Pinto	00:35:09	01:06:27	01:05:55	1339		V35	40
1332	825	Francisco Sardinha	00:33:01	01:06:28	01:05:55	1338		V45	199
1333	837	Hugo Teixeira	00:31:03	01:06:33	01:06:23	1344		Senior	178
1334	1527	Oswaldo Santos	00:32:29	01:06:33	01:05:16	1323		V45	200
1335	41	Ricardo Leitão	00:35:22	01:06:34	01:05:27	1328		V40	224
1336	1452	Eunice Lourenço	00:35:19	01:06:35	01:05:27	1329	CÂMARA MUNICIPAL DA AMADORA	V40	62
1337	1542	Joana Lambin	00:33:50	01:06:35	01:05:15	1322		V35	41
1338	1095	Rodrigo Saraiva	00:34:01	01:06:36	01:05:28	1330		V40	225
1339	174	Mayer Raposo	00:35:24	01:06:40	01:05:32	1332	Associação de Atletismo Lebres do Sado	V70	12
1340	366	Márcia Jeronymo	00:33:35	01:06:40	01:05:30	1331		V40	63



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1341	1156	Gonçalo Eusébio	00:32:47	01:06:48	01:05:48	1337		V35	162
1342	817	Cecilia Ribeiro	00:33:34	01:06:57	01:06:52	1354		V45	50
1343	143	Jose Guedes	00:32:56	01:06:58	01:06:41	1346		V45	201
1344	957	Fernando Rodrigues	00:34:02	01:07:03	01:05:57	1340	Clube Millennium bcp	V50	140
1345	1199	Vitor Rodrigues	00:34:47	01:07:20	01:06:08	1342		V65	25
1346	500	Beatriz Franco	00:34:56	01:07:22	01:06:20	1343	CLUBE DESPORTIVO ESTRELA	V60	4
1347	173	Cecília Nicolau	00:33:24	01:07:31	01:07:22	1358	Associação de Atletismo Lebres do Sado	V50	21
1348	90	Celia Azenha	00:33:24	01:07:31	01:07:23	1359		V50	22
1349	164	Teresa Nicolau	00:33:25	01:07:31	01:07:23	1360		V55	8
1350	1131	Carlos Crespo	00:34:20	01:07:52	01:06:31	1345	GRD OS FIXES	V55	80
1351	150	João Santos	00:35:33	01:07:55	01:06:46	1349	Serviços Sociais Montepio	V35	163
1352	152	Rute Morna	00:35:32	01:07:55	01:06:47	1350	Serviços Sociais Montepio	V40	64
1353	647	Manuel Narciso	00:35:31	01:07:55	01:06:48	1352	Serviços Sociais Montepio	V50	141
1354	151	Paulo Pereira	00:35:33	01:07:56	01:06:47	1351	Serviços Sociais Montepio	V45	202
1355	149	Ana Saramago	00:35:32	01:07:56	01:06:46	1348	Serviços Sociais Montepio	V40	65
1356	1609	Bernardo Ferrão	00:34:53	01:07:58	01:06:57	1355		V35	164
1357	1145	António Henriques	00:33:48	01:08:01	01:06:42	1347		V55	81
1358	1410	Gustavo Gonçalves	00:33:28	01:08:01	01:07:16	1357		Senior	179
1359	1226	Nuno Madaleno	00:34:51	01:08:09	01:06:50	1353		Senior	180
1360	465	Luís Braz	00:34:00	01:08:17	01:07:59	1376		V35	165



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1361	642	Bruno Luis	00:33:24	01:08:32	01:07:07	1356		Senior	181
1362	897	Claúdia Tam	00:35:03	01:08:33	01:07:36	1363	Tranquilidade Açoreana Clube	V35	42
1363	195	António Guedes	00:35:03	01:08:34	01:07:35	1362	Lisbon Moonlight Runners	V45	203
1364	1291	Helena Santos	00:35:02	01:08:34	01:07:40	1370	Tranquilidade Açoreana Clube	V55	9
1365	896	Ana Canaveira	00:35:03	01:08:34	01:07:40	1369	Tranquilidade Açoreana Clube	V50	23
1366	898	Elizete Duarte	00:35:02	01:08:34	01:07:40	1371	Tranquilidade Açoreana Clube	V40	66
1367	1290	Artur Gaio	00:35:03	01:08:34	01:07:37	1364	Tranquilidade Açoreana Clube	Senior	182
1368	899	João Melo	00:35:03	01:08:34	01:07:38	1367	Tranquilidade Açoreana Clube	Senior	183
1369	903	Tam Afonso	00:34:30	01:08:34	01:07:37	1365	Tranquilidade Açoreana Clube	V65	26
1370	1289	António Jorge	00:35:04	01:08:34	01:07:35	1361	Tranquilidade Açoreana Clube	V60	55
1371	196	Sofia Guedes	00:35:03	01:08:35	01:07:37	1366	Lisbon Moonlight Runners	V40	67
1372	881	Fátima Flora	00:34:10	01:08:43	01:07:50	1375	Correr Lisboa	V50	24
1373	1583	Baltazar Lopes	00:33:34	01:08:47	01:08:23	1377		V50	142
1374	751	Mário Ferreira	00:34:34	01:08:50	01:08:28	1380		V55	82
1375	168	Sofia Carvalho	00:35:18	01:08:51	01:07:40	1368		V45	51
1376	655	Hugo Duarte	00:34:51	01:09:03	01:07:42	1372	GDCFidelidade	Senior	184
1377	651	Daniel Sol	00:34:51	01:09:04	01:08:54	1383	GDCFidelidade	V40	226
1378	806	Ana Roberto	00:35:20	01:09:06	01:07:44	1373		V35	43
1379	772	Cristina Reis	00:35:19	01:09:06	01:07:44	1374		V45	52
1380	1112	Jorge Baptista	00:35:10	01:09:10	01:08:28	1379		V60	56



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1381	627	Carlos Campos	00:32:50	01:09:27	01:09:21	1392		V50	143
1382	1499	Marco Vido	00:33:31	01:09:33	01:08:25	1378		Senior	185
1383	1062	Inês Paulino	00:35:04	01:09:41	01:09:15	1389	Mãe e filha	Senior	60
1384	1063	Etelvina Paulino	00:35:04	01:09:41	01:09:15	1387	Mãe e filha	V55	10
1385	1560	José Cardoso	00:34:43	01:09:42	01:09:17	1391		V70	13
1386	1315	António Coelho	00:36:47	01:09:45	01:09:02	1384		V45	204
1387	488	Orlando Sousa	00:34:28	01:09:53	01:09:15	1388	CCDTMETROLX	V55	83
1388	480	Alípio Oliveira	00:34:30	01:09:53	01:09:15	1390	CCDTMETROLX	V55	84
1389	1395	Nuno Ferreira	00:34:53	01:10:00	01:08:43	1381	Caos	V40	227
1390	1396	Pedro Saavedra	00:34:53	01:10:00	01:08:43	1382	Caos	V40	228
1391	421	Andreia Santos	00:35:07	01:10:05	01:09:09	1385		Senior	61
1392	888	Sónia Correia	00:34:50	01:10:05	01:09:13	1386	GDCTINCM	V40	68
1393	25	Ana Seabra	00:34:54	01:10:11	01:09:29	1394		V50	25
1394	26	Pedro Silova	00:34:54	01:10:12	01:09:29	1395		V50	144
1395	946	Acacio Lopes	00:34:16	01:10:23	01:09:27	1393	Clube Millennium bcp	V50	145
1396	1529	Carla Sobreda	00:36:02	01:10:31	01:10:08	1398		V45	53
1397	1562	Manuel Veiga	00:35:04	01:10:36	01:09:56	1396		V65	27
1398	976	Vasco Ourelo	00:35:48	01:11:02	01:10:18	1401	Clube Millennium bcp	V40	229
1399	163	Carlos Bandejas	00:35:34	01:11:02	01:10:03	1397		V55	85
1400	977	Magda Ourelo	00:35:48	01:11:03	01:10:19	1402	Clube Millennium bcp	V40	69



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1401	447	Jorge Santos	00:35:25	01:11:07	01:10:22	1403		V45	205
1402	29	Rui Santos	00:36:49	01:11:11	01:10:11	1399		V45	206
1403	815	Liliana Correia	00:35:37	01:11:21	01:11:16	1408		V40	70
1404	1384	Ana Moscoso	00:33:45	01:11:22	01:10:44	1406	Clube J	V35	44
1405	1386	Joana Moscoso	00:33:45	01:11:23	01:10:44	1407	Clube J	Senior	62
1406	998	Mauro Matine	00:34:39	01:11:39	01:10:37	1404		Senior	186
1407	1227	Andre Madaleno	00:37:15	01:11:40	01:10:16	1400		Senior	187
1408	1354	Edgar David	00:35:30	01:11:55	01:10:42	1405	DDN	V55	86
1409	987	Catarina Rodrigues	00:36:59	01:12:07	01:11:36	1415	AS PÉ LIGEIRO	V45	54
1410	986	Maria Roda	00:36:59	01:12:07	01:11:37	1417	AS PÉ LIGEIRO	V35	45
1411	286	João Cachinho	00:35:29	01:12:12	01:11:37	1418	Kaninos	V65	28
1412	1570	Mário Santiago	00:36:27	01:12:16	01:11:24	1409		V50	146
1413	1569	Maria Condeço	00:36:30	01:12:17	01:11:26	1411		V50	26
1414	271	Eduardo Pestana	00:36:26	01:12:17	01:11:25	1410	Kaninos	V35	166
1415	108	Eduardo Pinto	00:36:28	01:12:18	01:11:27	1412		Senior	188
1416	1209	Marina Marques	00:36:25	01:12:21	01:11:36	1416		V45	55
1417	1367	Pedro Almeida	00:35:39	01:12:38	01:11:29	1413		Senior	189
1418	1368	Sandra Costa	00:35:39	01:12:39	01:11:30	1414		V40	71
1419	1314	Goreti Cabeleira	00:37:28	01:12:42	01:11:59	1419		V50	27
1420	1564	Rosa Claro	00:37:28	01:12:43	01:11:59	1420		V40	72



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1421	1214	Bruno Belo	00:35:55	01:12:54	01:12:08	1421		Senior	190
1422	880	António Gonçalves	00:35:40	01:13:14	01:12:19	1424	Correr Lisboa	V40	230
1423	1212	Ana Lopes	00:36:36	01:13:18	01:12:36	1427		V45	56
1424	1301	Diogo Simao	00:37:14	01:13:34	01:12:18	1422		V35	167
1425	1308	Marcella Silva	00:37:14	01:13:34	01:12:18	1423		Senior	63
1426	1093	Marlene Pereira	00:37:50	01:13:38	01:12:54	1428		Senior	64
1427	1460	Pedro Ivo	00:35:55	01:13:39	01:12:31	1425	40i	V40	231
1428	1363	Filipe Henriques	00:35:55	01:13:44	01:12:57	1429		Senior	191
1429	197	Vítor Rafael	00:37:09	01:13:58	01:13:30	1430	Lisbon Moonlight Runners	V50	147
1430	1164	André Trindade	00:37:38	01:13:58	01:12:32	1426	CSB_RF	Senior	192
1431	390	Fernando Lopes	00:37:00	01:14:28	01:14:14	1434		V70	14
1432	365	Ana Dias	00:38:01	01:14:40	01:13:55	1431		V60	5
1433	599	Sarah Miranda	00:36:55	01:14:43	01:14:03	1433		Senior	65
1434	1092	Rute Agostinho	00:37:52	01:15:09	01:14:26	1435		V35	46
1435	547	Joanadarc Chouriço	00:38:04	01:15:17	01:15:12	1438		V50	28
1436	1549	Gonçalo Alves	00:37:06	01:15:21	01:13:59	1432		V40	232
1437	137	Maria Guise	00:37:56	01:15:44	01:15:11	1437	Equipa David Vaz	V45	57
1438	546	Nuno Bernardo	00:37:46	01:16:00	01:14:43	1436		V45	207
1439	536	Carolina Arias	00:38:35	01:16:50	01:15:44	1439		Senior	66
1440	978	Fernando Ferreira	00:39:18	01:17:02	01:16:35	1440	Clube Millennium bcp	V70	15



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1441	347	Sandra Ferreira	00:39:08	01:18:38	01:17:53	1441		V45	58
1442	635	Lina Baia	00:38:09	01:18:52	01:18:04	1442		V35	47
1443	1579	Mónica Luengo	00:40:03	01:19:47	01:18:55	1443		V35	48
1444	1446	Ricardo Rodrigues	00:39:54	01:20:35	01:20:12	1446		V55	87
1445	801	Carla Pereira	00:40:28	01:20:51	01:20:04	1444		V35	49
1446	906	Fábio Monteiro	00:40:29	01:20:53	01:20:06	1445		Senior	193
1447	216	Anabela Lagarto	00:41:11	01:22:29	01:21:49	1448	CDCR dos CTT	V45	59
1448	995	Luis Torrão	00:41:11	01:22:29	01:21:58	1449		V60	57
1449	1440	Maria Costa	00:39:39	01:22:37	01:21:23	1447	CÂMARA MUNICIPAL DA AMADORA	V35	50
1450	1385	Jordan Sibeoni	00:37:06	01:22:51	01:22:11	1450	Clube J	Senior	194
1451	1417	Pedro Lopes	00:38:21	01:23:12	01:22:22	1451		Senior	195
1452	616	Nuno Botelho	00:41:44	01:24:03	01:22:38	1453		V40	233
1453	1255	Lucia Esteves	00:41:44	01:24:03	01:22:37	1452		V55	11
1454	1254	Alexandra Esteves	00:41:43	01:24:03	01:22:38	1454		Senior	67
1455	1470	Pedro Gomes	00:42:26	01:26:34	01:25:23	1455		V35	168
1456	544	Ana Gomes	00:42:26	01:26:43	01:25:32	1456		V35	51
1457	484	Gualdino Freire	00:42:40	01:27:03	01:25:55	1457	CCDTMETROLX	V70	16
1458	1053	Arismar Araujo	00:41:01	01:27:26	01:27:18	1459		V50	148
1459	1054	Maria Araujo	00:41:13	01:27:27	01:27:17	1458		V45	60
1460	916	Jorge Ribeiro	00:43:51	01:29:57	01:28:45	1460		V65	29